

Teacher Booster Discussion Guide



Decisions - Session 2 - What is a Drug?

Introduction

These discussion questions are provided as suggestions to assist teachers to deepen the students comprehension of the content that has been taught as part of your schools Life Ed visit. The Booster Session discussions integrate a variety of question styles to engage learners; by activating prior knowledge, revisiting new knowledge and extending understanding by posing open-ended questions. The booster sessions can be used in a couple of ways after the Life Ed visit. Teachers may like to watch the video in full and use the discussion points as a summing up activity. Teachers may also like to stop the video throughout to pose questions, or respond to student ideas and questions.

Note:

Life Ed is committed to child safety, health and wellbeing. We want all children to be safe, happy and empowered. When learning about these important ideas and topics, teachers are reminded to follow your school's Child Protection Policy to ensure that classrooms are a safe learning space.

What is the definition of a drug?

(Any substance other than food, water or oxygen that when it enters the body, changes the way the body works.)

What are some legal medical drugs?

(Insulin, paracetamol, antibiotics...)

What are some legal non-medical drugs?

(Alcohol, caffeine, nicotine...)

What are some myths about drugs?

(Smoking a few cigarettes a day is harmless, eating before drinking alcohol will stop a person from getting drunk. Etc.)

Discuss: Choosing not to drink alcohol means you will be safe.

(Not really. You are still at risk from drunk people's behaviour – like aggression, lack of control, accidents.)

What are some other ways to get a thrill other than taking stimulants?

(E.g. surfing, go-carting, sky-diving etc.) (open ended)

What are some other ways to relax other than taking depressants?

(E.g. Reading, listening to music, doing a hobby etc.) (open ended)