# Teacher Booster Discussion Guide





## **Decisions - Session 3 - Strategies to Stay safe**

#### Introduction

These discussion questions are provided as suggestions to assist teachers to deepen the students comprehension of the content that has been taught as part of your schools Life Ed visit. The Booster Session discussions integrate a variety of question styles to engage learners; by activating prior knowledge, revisiting new knowledge and extending understanding by posing open-ended questions. The booster sessions can be used in a couple of ways after the Life Ed visit. Teachers may like to watch the video in full and use the discussion points as a summing up activity. Teachers may also like to stop the video throughout to pose questions, or respond to student ideas and questions.

Life Ed is committed to child safety, health and wellbeing. We want all children to be safe, happy and empowered. When learning about these important ideas and topics, teachers are reminded to <u>follow</u> your school's Child Protection Policy to ensure that classrooms are a safe learning space.

### What was the problem situation the girls had at the party?

(They needed to get home safely and the person giving them a lift had been drinking alcohol. Claudia was being picked up at 10.30, so they had to get home.)

#### What do parents/carers want to do when kids need help, or get stuck in a tricky situation?

(To help – they want their kids to get home safely.)

#### Who are some other people who might help by giving them a lift?

(Parents, friends and family, trusted adults, known neighbours... Etc.) (open ended)

#### How could Mel deal with the pressure to drink alcohol?

(Make a believable excuse, explain her reasons honestly, challenge them, be assertive.)

#### What are some ways for kids or teenagers to have fun that don't involve drugs?

(Youth groups, games, sleep-overs, movies, cooking, go to the beach, listening to music, playing sport, shopping... Etc.) (open ended.)