

Friends & Feelings - Session 1 - Decisions and Consent

Introduction

These discussion questions are provided as suggestions to assist teachers to deepen the students comprehension of the content that has been taught as part of your schools Life Ed visit. The Booster Session discussions integrate a variety of question styles to engage learners; by activating prior knowledge, revisiting new knowledge and extending understanding by posing open-ended questions. The booster sessions can be used in a couple of ways after the Life Ed visit. Teachers may like to watch the video in full and use the discussion points as a summing up activity. Teachers may also like to stop the video throughout to pose questions, or respond to student ideas and questions.

Note:

Life Ed is committed to child safety, health and wellbeing. We want all children to be safe, happy and empowered. When learning about these important ideas and topics, teachers are reminded to follow your school's Child Protection Policy to ensure that classrooms are a safe learning space.

What are 5 great qualities that a great friend should have?

(answers will vary) (open ended)

How can someone be a positive influence on a friend or another person?

(open ended)

Why is it so important to ask for permission or consent before touching other people's belongings (eg. toys, books, clothes) or entering another person's personal space (eg. hug or holding hands)?

(open ended)

Feelings can impact the way we think and our decision making abilities. Being happy, surprised, angry or upset can all impact the way we make decisions. It is completely normal to change our mind or how we feel about something. It is really good to try and rethink your decisions and try to fix them if you can.

Think of a food that you didn't like or eat in the past but do eat now.

How did you feel about the food then? How do you feel about it now? What helped you change your mind? (remember to keep names out of your answer)

(independent responses will vary) (open ended)