



Life Education Queensland

Annual Report 2020

Empowering our children and young people to make safer and healthier choices through education

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ABOUT LIFE EDUCATION

For 34 years, the Life Education program has been empowering Queensland children to make safer and healthier choices. Our trusted program has reached more than 1.5 million Queensland students and seven million Australian children.

From Coolangatta to the Cape, and from Cunnamulla to Camooweal, approximately 200,000 children and young people participate in the Life Education program each year. With a dedicated team of 30 educators working in schools across the state, supported by our digital platforms and resources, there isn't a community in Queensland that Life Education cannot reach.

And that's important, because Life Education is all about giving kids the knowledge, confidence and skills to live a safe and healthy life. Our educators cover all aspects of health and wellbeing, from good nutrition and the importance of physical activity to cybersafety, and the harms of alcohol, smoking and other drugs; to relationships, identity and puberty, resilience, and positive mental health.

Through 27 school and preschool modules, and our new Healthy Eats program, Life Education supports a whole-of-school approach to health and wellbeing, which includes a suite of resources for parents and teachers including podcasts with experts, online resources and video modules. In 2021, we'll also be delivering the Triple P Positive Parenting Program to provide even greater support to Queensland parents.

We're proud of the fact 99.5% of Queensland teachers recommend our program, and generations of children remember the lessons they learned with Healthy Harold and our educators as they journey through life.

Our Vision

Generations of healthy young Queenslanders living to their full potential

Our Mission

To empower children and young people to make safer and healthier choices through education

OUR PATRONS



The Honourable Robert Borbidge AO

The Honourable Robert Borbidge AO was the 35th premier of Queensland and served in the State Parliament as Member for Surfers Paradise for more than 20 years.

During this time, he held several senior positions including senior ministries, deputy leader of the Opposition, leader of the Opposition and premier.

Since his resignation from parliament in 2001, he has held numerous board positions in both private and publicly-listed companies.

In 2006 Mr Borbidge was appointed an Officer of the Order of Australia and awarded an honorary doctorate from Griffith University.

He is currently chair of the Board of Advice for the Institute for Glycomics at Griffith University; a member of the Council of Griffith University; and a member of the Board of Trustees of the Friends of Griffith University [incorporated in the USA].

Mr Borbidge is chairman of Life Flight Australia – one of the world’s largest not-for-profit aero-medical and rescue providers servicing 75 percent of Queensland’s population with a fleet of 13 helicopters and three jets, operating from eight bases across the state. He is also chair of the Legacy Committee for the Gold Coast Commonwealth Games; chair of Study Gold Coast, a collaborative venture between the region’s major universities and education providers and senior counsel for Government advisory services group Govstrat.

Mr Borbidge also served on the Independent Distribution Committee for the public appeal for victims of the 2016 Dreamworld tragedy.



Dr Anthony Lynham FRCS Ed.

Dr Lynham is a maxillofacial surgeon devoted to reducing harm in our community. He served for many years as part of the trauma team at the Royal Brisbane and Women’s Hospital.

He entered politics in 2014 with the specific aim of reducing the harms of domestic violence, alcohol-fuelled violence and bullying. He served as a senior minister in the Palaszczuk Government. He was directly involved in the implementation of specific legislation to tighten alcohol trading hours that reduced alcohol fuelled violence by 30% state-wide.

There is always more to do, more action to take, but he was proud to take a leading role.

The association with Life Education has been long and productive, as Dr Lynham believes the education of our young in respecting yourself, and therefore respecting others, is the most effective measure we can take.

Dr Lynham will soon take up a leadership role at Queensland’s largest trauma research institute.



Decisions

Helpful

INFORMATION

CONSEQUENCES

INFLUENCES



Reli

Doree Senior School
DRAGMAN
CAPTAIN

MESSAGE FROM OUR BOARD CHAIR AND CEO



Peter Morgan
Chairman,
Life Education Queensland

For decades, Life Education has taught generations of Australians about the importance of making 'safe and healthy choices.' Since COVID, those words have even greater meaning. Take the simple act of hand washing for instance. What was once something that we took for granted, has now become a vital act that can not only keep us safe, but can also protect those around us - particularly the most vulnerable.

There have been few times in history where the actions that we take or don't take, can have such significant repercussions.

As Queensland's largest non-government provider of health education to children, Life Education's role is more important than ever. Mental health, cyber safety and healthy relationships have become even greater concerns since the pandemic. Schools have responded to this, with a flood of school bookings for Life Education since COVID. It's been so heart-warming to see the joy on the faces of children once again and to have our amazing team of educators back in classrooms across Queensland.

But even during lockdown, our work never stopped. The Queensland team pulled together and did an incredible job of building the Life Education Hub - an online place where teachers, students and parents can access our lessons and resources. Now that schools are back, the Life Education Hub is there to provide ongoing support to our face-to-face delivery of health education.

I'd like to thank all of our committed staff, volunteers, supporters and partners for their fantastic contribution over the past year, and for ensuring that the Life Education program continues to play a crucial role in supporting Queensland children to make safe and healthy choices.



Michael Fawsitt
Chief Executive Officer,
Life Education Queensland

How much value do we place on our health and wellbeing? It's a question that's never been more relevant than it is right now.

For many of us, 2020 has given us a new perspective on the importance of prevention and how our overall wellbeing depends not only on our physical health, but also on our social and emotional health. Each is dependent on the other and should never be taken for granted.

We need to cherish and nurture our relationship with self, with family, friends and colleagues, with the environment, and take time to eat and drink healthy and exercise regularly. Not only for our own sake, but for those we care about - especially our children. It makes us better parents, better teachers, and better role models.

Our impact and major partnerships

Each year more than 200,000 children participate in the Life Education program in Queensland, learning the knowledge, strategies and skills to stay safe and healthy: physically, socially and emotionally. For that to happen, we all must play a part.

That's why Life Education's approach is focused on partnerships: with government, schools, parents, donors, other funders and community organisations. It's exciting to see these partnerships growing and creating new opportunities for social impact. This past financial year we entered into a new three-year agreement with Queensland Health with a focus on tackling obesity and overweight in young people.

More recently, this transitioned to our partnership with Health and Wellbeing Queensland - an agency established by the State Government to improve the health and wellbeing of all Queenslanders. We're very excited by the possibilities of working together.

Another example is our partnership with the Primary Health Network in North Queensland which led to the creation of our new Healthy Eats nutrition program to increase fruit and vegetable consumption among children. Piloted in 2019 in schools in areas of Cairns, Townsville and Mackay, the program was recently awarded the Social Impact Measurement Network Australia (SIMNA) award for outstanding community collaboration. Most importantly, there are now thousands of children with access to school vegetable gardens, breakfast programs and healthier tuckshops because of the Healthy Eats program. We have exciting plans to expand this to other areas of Queensland in 2021.

Regional partnerships and supporters

Our local partnerships with The Smith Family, Mission Australia, Uniting Care and Centacare in areas of disadvantage through the Communities for Children program has also supported thousands of children to access vital drug, health and relationships education.

Thank you so much to the hundreds of schools and preschools that faithfully partner with us each year, and to the 150,000 parents who trust and support us to deliver health education to your children.

Finally, a special mention of the 8,000+ donors throughout Queensland who are members of our Kids' Protect Team. Your monthly support is helping to equip children with the resilience and protective behaviours to grow up safe and healthy.

We have accomplished so much in 2020 during a time of great disruption and uncertainty, and this is a credit to the dedication and perseverance of our staff, board and volunteers. As a result, we are set to achieve even bigger things in 2021.

OUR VALUES



Passionate

- We are motivated by our cause and we understand how our work impacts upon the lives of children.
- We are enthusiastic and eager to deliver our best each and every day.
- We display an 'anything's possible' attitude.



Respectful

- We act with trust and integrity.
- We treat others as we would like to be treated.
- We are inclusive.



Accountable

- We are effective and results-driven, focused on achieving outcomes that create positive impacts.
- We collaborate to achieve shared goals.
- We understand our responsibilities to our funders, supporters and school partners and we deliver on their expectations.



Positive

- We focus on solutions and think 'big picture'.
- We accept feedback with a commitment to self-improvement.
- We always strive to deliver a positive and dynamic learning experience for young people.

BUILDING HEALTHY, RESILIENT KIDS IS EVERYONE'S JOB

As the saying goes, it takes a village to raise a child. It's an even bigger job to raise a healthy and resilient child. It's probably the greatest responsibility any of us, as adults, will ever face.

So, what does healthy mean? It's physical, it's social [relationships] and it's emotional [mental health]. Children need support in all three areas of health if they're to flourish in life.

We know that children don't just make decisions based on knowledge. They're surrounded by influences that also shape their attitudes and behaviour. Their school, their parents and family, their friends and peer group, and social media, are just some of the factors that affect the choices that children make – for better or for worse.

So, providing life education to a child isn't something you can do in an hour, or a day, or even in a year – it's an ongoing commitment to supporting and educating children as they grow. That's why at Life Education Queensland we work hand in hand with schools, parents and the wider community, year after year.

Here are just some of the things Life Education does every day to support children's health and wellbeing:



Partnerships with more than 800 Queensland schools and preschools.



In 2021, Life Education Queensland will be delivering the internationally recognised Triple P Positive Parenting Program, providing webinars and face-to-face seminars to Queensland parents.



The delivery of curriculum-aligned health education to more than 160,000 children –empowering them by building their awareness, knowledge, confidence, skills and strategies to make healthier and safer choices.



Initiatives to support local schools to develop and implement plans and policies to improve the physical health and social/emotional wellbeing of their students, including the placement of Regional Community Development Officers in 2021 to provide more ongoing support to schools, and help connect them with other community organisations.



The development of social-emotional skills in young people, enabling them to build resilience and the capacity to form and maintain positive, respectful relationships with others, as well as managing bullying or unsafe situations.



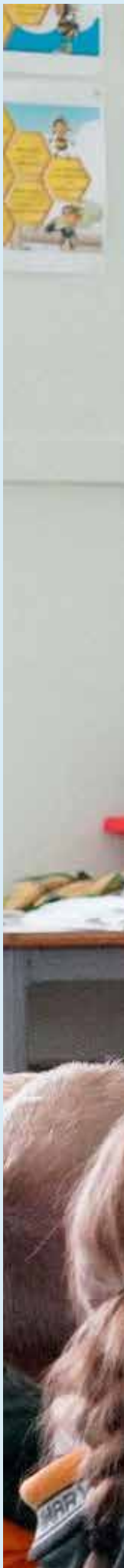
The delivery of sexual health education through the Talk About It sexual health and relationships program, supporting kids to navigate through puberty with a positive self-image.



Ongoing support to over 8,000 classroom teachers, through curriculum-aligned and age and stage-appropriate resources.



A parent hub that includes monthly podcasts to support parents in the healthy raising of their children.





1

Launch of new online learning platform Life Education Hub

2

665 schools and preschools accessed our program

KEY SERVICE ACTIVITIES IN 2020

3

177,038 students benefited from our program

4

7,613 teachers utilised our program

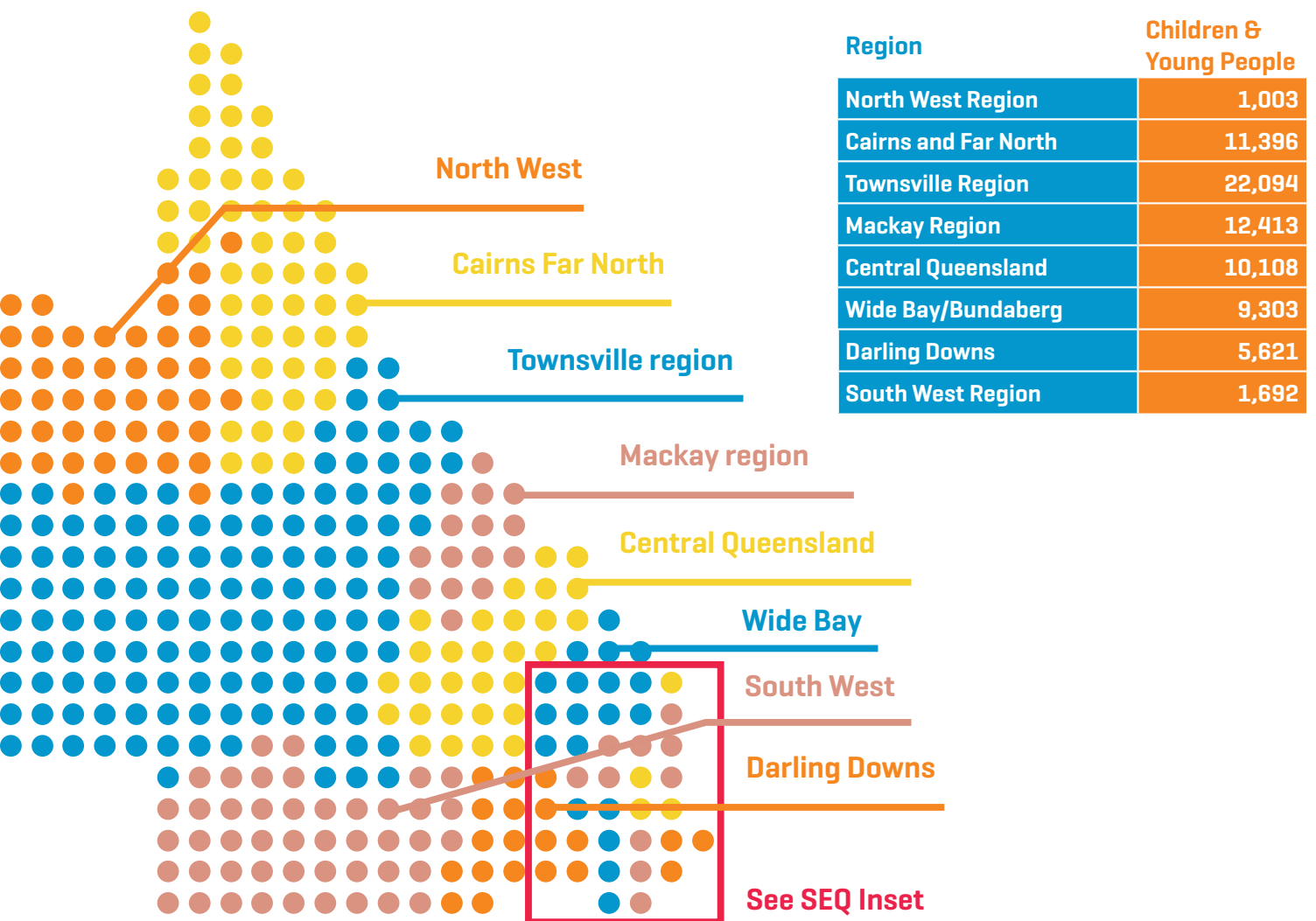
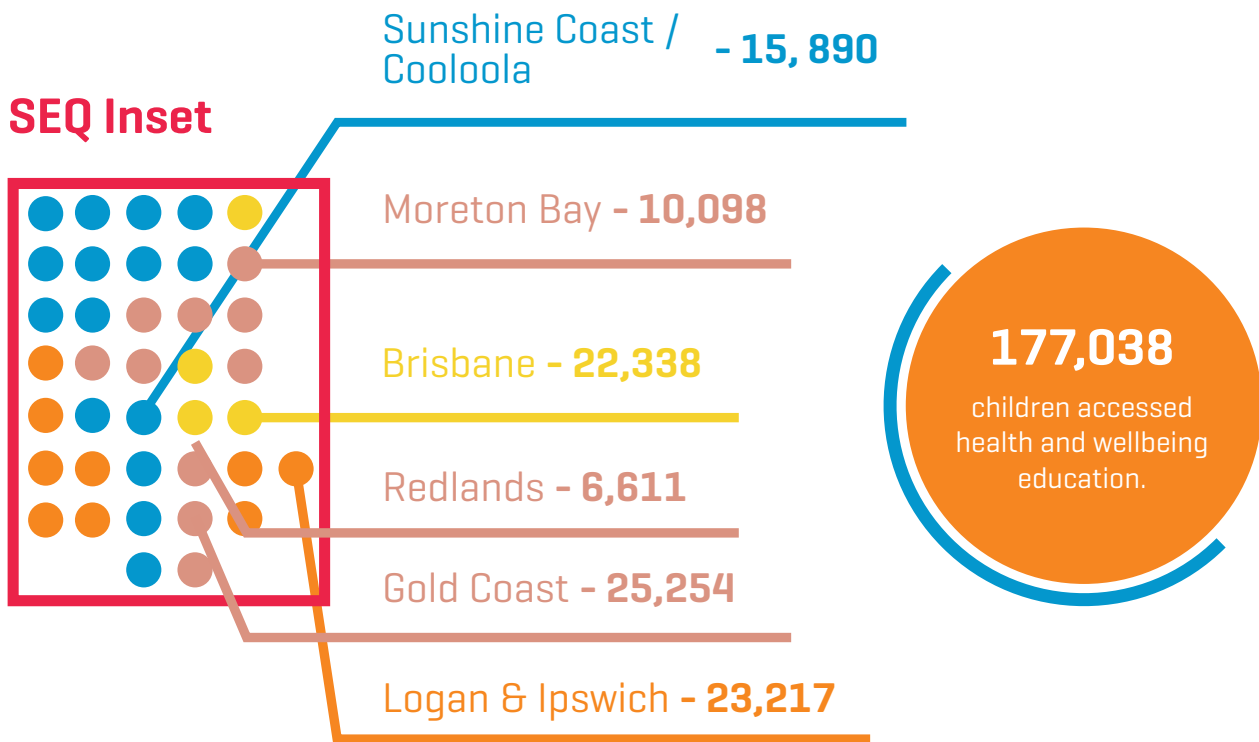
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8,000 donors supported our program

6

Extension of Healthy Eats nutrition program in Far North Queensland

OUR REACH IN 2020





HOW LIFE EDUCATION INFLUENCES CHILDREN AND YOUNG PEOPLE



The amazing feedback we receive from teachers, students and parents year after year, is testament to Life Education Queensland's impact on young lives. Their responses leave us feeling truly inspired that our work is making a difference.

We know that when students attend our program, they gain valuable awareness, knowledge and strategies about physical health and emotional wellbeing that lead to reflection, sustained actions and a commitment to making good choices for years to come.

Here, parents from various schools reveal the changes they noticed in their children after attending the Life Education program:

LEARNING HOW TO BE HEALTHY

“My daughter learned so much about being healthy. She learned that medicines are made from drugs. She now understands that there are five main food groups, and you should eat from the healthy categories: veggies, fruit, grains, dairy, lean meat and fish... She likes to label her treats ‘sometimes foods’ and is aware of the choices she makes with food being healthy or not.” - **Brisbane Central State School parent**

“My child learnt that you need to learn how to make healthy and safe choices for your body, life and future. He is now trying new healthy foods that he wouldn’t have eaten before and wanting to be more active outside.” - **St Martin’s Catholic Primary School parent**

KNOWLEDGE ABOUT DRUGS AND ALCOHOL

“They learned that it takes seven seconds for nicotine to reach a person’s vein arteries in their heart. My daughter now knows that she should never do drugs or abuse alcohol because it affects you, can lead to addictions and makes you more likely to do illegal things.” - **Saint Benedict’s Catholic Primary School, Yeppoon parent**

“My child learnt that doing drugs is bad for you. You should never smoke as it makes your heart beat faster. If you drink a lot of alcohol you can get alcohol poisoning and even die, and you also can have multiple health issues.” - **Westmar State School parent**

AWARENESS ABOUT CYBERSAFETY

“My son learnt how to be safe online and to never put his personal details onto a random website. He has been questioning the drawbacks of social media and thinking about his online presence – which we are really impressed with. He has learnt that things are not always what they seem when online, and how to protect himself.” - **Redlynch State College parent**

“My son now knows to be careful when he goes online and not to meet anyone he doesn’t know in real life. He’s aware how important it is to always ask your parents before you download an app as it may not be age appropriate.” - **Bli Bli State School parent**

RESPECTFUL RELATIONSHIPS

“Jack learnt about respect for himself and others, as well as how to deal with cyberbullying and to be aware when online. He has made an effort to be more aware of how he speaks to his siblings and to show respect.” - **Fraser Coast Anglican College parent**

“The Life Education program taught my son about being aware of other people’s feelings. Now, he wants to be everyone’s friend; he talks about a lonely kid at school and how you should treat people the way you want to be treated, so he took one of his spare hats to school so the child could play with him and his friends on the oval.” - **Regents Park State School parent**

EMOTIONAL RESILIENCE

“Healthy Harold showed my daughter it’s okay to feel scared and get butterflies in her tummy, feel like she needs to go to the toilet or get sweaty hands. Healthy Harold taught her to breathe in situations like this. The Life Education experience has helped her have the confidence and perspective that if she feels worried about new things, it will pass, and she will make new friends.” - **Freshwater State School parent**

“My older child learned about respecting people’s boundaries and also that you can’t stop puberty from happening – it happens to everyone. You shouldn’t be worried about it. He’s a lot more confident to ask questions.” - **Mudgeeraba State School parent**



EARLY LEARNING AND PRIMARY SCHOOL HEALTH EDUCATION

In what has been a challenging second half to the financial year for all, including parents and those working in schools and the education sector, our passionate educators reached and empowered more than 146,955 children, through our core Life Education Health and Drug Program.

On top of this, 4,300 preschoolers aged 3-5, received our early learning program, Healthy Harold, Healthy Me, which educates our youngest Queenslanders on safety, healthy eating, physical activity and emotional wellbeing.

With an already comprehensive 12 primary health and drug modules available to primary schools, containing content including staying safe, nutrition, physical activity, medicines, cybersafety, alcohol, and tobacco and drugs, our dedicated educators added a new module to their offering, Relate, Respect, Connect. Proving extremely popular, Relate, Respect, Connect focuses on building positive, safe and respectful relationships and highlights the importance of these relationships and connection to our own and others wellbeing. They're skills children need now more than ever.





Valuable relationships

Our ongoing relationships with Queensland Health and Health and Wellbeing Queensland were vital to the ongoing delivery and growth of our program. Thanks to Nutrition Australia Queensland for their ongoing support, which enabled us to distribute valuable nutrition resources to children in need. We also continued to collaborate with Nature Play Queensland, promoting fun outdoor activities and physical exercise, for children in lower primary school, through Nature Play Passports.

Adapting to challenge

As a result of COVID-19, for the health and wellbeing of our schools and our staff, we made the decision to conduct our sessions in the classroom rather than in our mobile learning centres. Our educators worked tirelessly during lockdown to prepare for direct delivery, including modifying lesson plans and resources to ensure COVID compliance, without compromising outcomes or the Life Education experience for children.

We have received such overwhelmingly positive feedback from schools. They have been extremely grateful that we continued to honour our commitment to their students and teachers during this time and that we were able to provide the exceptional quality of service delivery they have come to expect from Life Education.

We are humbled by the outpouring of support we have received from the school community, particularly the amazing principals and co-ordinators that take time out of their incredibly busy schedules to prioritise the health and wellbeing of their students by ensuring Life Education is part of their curriculum annually. To the wonderful classroom teachers that dedicate time to pre-visit and follow up activities, ensuring their students get the most out of their Life Education session, we say thank you.



BUILDING A “HEALTHY EATS” GENERATION



Healthy Eats: A winning community outcome

Life Education Queensland’s award-winning Healthy Eats program is working to address a big community problem. Only seven percent of adults and five percent of children meet the recommended guideline for daily vegetable intake. This has huge potential health impacts.

Healthy Eats aims to increase fruit and vegetable consumption among children aged 3 - 13 and reduce rates of obesity and overweight in Queensland. The program works in partnership with local primary schools to develop a whole-of-school approach to improving nutrition.

North Queensland schools

Part funded by the Northern Queensland Primary Health Network (NQPHN), there are now 42 primary school communities participating in the Healthy Eats 2020 program, across the North Queensland regional areas of Cairns, Townsville, and Mackay. Of these 42 schools, 17 are in regional Cairns, 11 in Townsville and 14 in Mackay.

Despite the disruptions caused by competing COVID-19 priorities, there continues to be high demand for Healthy Eats from North Queensland primary school communities, with many schools keen to prioritise a healthy school food environment.

Whole-of-community approach

Healthy Eats receives strong support from local community partners. These include active program relationships with Bunnings and Yates (school food gardens and sustainability), Foodbank (school breakfast program), QAST (school tuckshops),

Woolworths (supermarket tours and food resources) and new community partner Eat Up Australia (school food resources).

Life Education Queensland is also continuing to liaise with a number of other local community partners and programs, in relation to emerging opportunities to collaborate in the ‘Healthy Eats’ school space. These include organisations such as Deadly Choices, Nutrition Australia Queensland, and Pick of The Crop, among others.

Exciting results

Schools that have participated in the Healthy Eats program have reported significant improvements including:

- A 45% increase in the number of school vegetable gardens, so that more children can now eat fresh fruit and vegetables grown at school.
- 50% increase in school breakfast programs, meaning thousands of children who would have missed out on eating breakfast are now starting the day with nutritious food.
- Three school tuckshops achieving the highest possible rating for compliance with SMART choices, increasing the availability of healthy food in school canteens.
- Over a four-week challenge, the program increased vegetable consumption among students by 151% above the national average for vegetables consumed at school.

We look forward to continuing to work with our community partners and bringing the Healthy Eats program to more schools across the three North Queensland regions across the coming year, with plans to expand into South East Queensland in 2021.





GROWING HEALTHIER SCHOOL COMMUNITIES

Mackay's Slade Point State School was one of the first North Queensland schools to trial the Life Education Queensland Healthy Eats program and the school community is excited by the results.

The school embraced breakfast programs, healthy 'brain breaks' at school, parent and teacher resources, and competitions. Healthy Eats mascot Frankie Fresh helped motivate children to eat more fruit and vegetables and students were encouraged to collect daily reward stamps on a fruit and vegetable passport. The school's diverse learners' co-ordinator Kylie Armstrong said the healthy eating program had achieved great results.

"Students in years four through to six took part in a 50-minute talk about healthy eating and then our tuckshop was given a healthy eating audit," Ms Armstrong said.

"Healthy Eats has encouraged the children to take notice of what they're eating and how that affects the way they behave and feel. It's also getting the school to recognise what we are serving to the children and to consider healthier options."

Slade Point primary is also reaping the benefits of a Woolworths grant which helped establish thriving veggie gardens.

"We have created a real circle of healthiness at the school with veggies from the garden being used in the tuckshop and scraps from the preppies' fruit snack going to compost, feeding our worm farms," Ms Armstrong said.

"We are still growing things like little cucumbers, cherry tomatoes, and lettuce; and our teacher aides will put healthy garden veggies in a bowl in the afternoon, so that children have something healthy to snack on while they are doing activities."



Slade Point State School students and tuckshop convenor Taryn Schiffer



HEALTHY EATS WINS NATIONAL SOCIAL IMPACT AWARD

Just six months after being launched in schools, Healthy Eats was recognised for its significant social impact, with the project winning the 2019 SIMNA Award for Outstanding Collaboration in Social Impact Measurement.

The Healthy Eats team – one of 13 award finalists – received the prestigious accolade at an awards ceremony in Melbourne. Run by the Social Impact Measurement Network Australia, the SIMNA Awards are open to any organisation in Australia – including not-for-profits – and recognise the leaders in Australian social impact measurement.

Making a difference

The judges were impressed with how the Life Education Healthy Eats program is achieving real and measurable difference in health promotion and improved childhood nutrition in target schools across Cairns, Townsville, and Mackay. They commended the Healthy Eats program as a promising initiative with ‘clear engagement of stakeholders and strong collaboration throughout its development.’

One judge commented: “This project has collaboration at its core, given subject communities are involved in designing an individualised program that draws on the wider program knowledge of what works to create change.”

Life Education Queensland CEO Michael Fawsitt said he was thrilled at the progress and momentum the Healthy Eats program had achieved in just a year.

“This award is significant and a wonderful recognition of the difference we’re making in the lives of Queensland children,” Mr Fawsitt said.



Life Education Queensland nutrition officer Matt Dowling, Health Education Manager Sharon Lansley and CEO Michael Fawsitt

TALK ABOUT IT

Originally developed six years ago, in consultation with teachers, parents and students and with the support of Queensland Health, Talk About It (TAI) is a personal development program designed to support students, parents and teachers in a whole-of-school approach to personal development, sexual health and relationships education.

This year, TAI underwent significant redevelopment and after months of work behind the scenes, it was launched in January 2020, and subsequently rolled out to primary schools across Queensland.

The new modules are between 60 - 90 minutes long, are delivered in the classroom with the classroom teacher present, and cover topics including body safety, identity, diversity, building resilience, puberty, respectful relationships and conception and birth.

Staged learning

Designed to meet students where they are at in their learning, TAI is delivered in two sequential stages of learning, Stage 1 - Foundation and Stage 2 - Development. Stage 1 - Foundation modules provide students with an introduction to all areas of learning and allow them to explore the characteristics of healthy relationships and how to manage peer pressure and conflict through assertive communication. Students define identity, the factors that influence identity and explore diversity and the importance of belonging. During Stage 1 modules, students are also introduced to the basics of puberty including physical, social and emotional changes that may occur.

Building on knowledge gained during Stage 1 - Foundation modules, TAI Stage 2 - Development modules further explore and practise key skills and strategies and include topics such as body image, gender stereotypes, strategies for dealing with unhealthy behaviours, consent and personal boundaries.

As a result of overwhelming feedback and requests from schools and community stakeholders, Stage 2 also offers schools the opportunity to extend student learning to include human reproduction.

Factual and age appropriate

Our teaching framework is student-centred, sensitive and interactive and ensures all information delivered is factual and age and stage appropriate. Students are encouraged to share what they have learned during the sessions with their parents and/or carers at home.

Despite the term two closure of schools, more than 25,783 students took part in these essential personal development sessions, and to meet the needs of parents, our educators trialled online parent information sessions, rather than face to face, finding that they were more convenient for parents, and as such, attendance increased significantly.

Our team of experienced professionals is proud to deliver this comprehensive program, now strengthened with the addition of new innovative creative content and updated with age-appropriate, engaging animations, diagrams, resources and support material, reflecting current research and best practice in the area of personal development, sexual health and relationships education.







LIFE EDUCATION HUB

The coronavirus pandemic meant that for the first time in our charity's 34-year history, we were unable to directly deliver our program in schools via the much-loved mobile learning centres.

With schools across Australia in and out of lockdown during 2020, and Queensland schools affected for much of term two, Life Education Queensland moved quickly to adapt its face-to-face program so that schools could continue to access vital health and wellbeing education online.

As a result, Life Education @ Home was born, providing a range of interactive online video lessons and resources for teachers, students, and parents throughout COVID-19.

It was a massive project, requiring the development of a complete online learning management system able to support thousands of users securely and safely. The project, led by Marketing Services Manager Zoe Shearer and Health Education manager Sharon Lansley, with support from CEO Michael Fawsitt and Digital Marketing Coordinator Gemma West, is an exciting new addition to the Life Education Queensland suite of services.





With students now back at school, Life Education @ Home has been re-named the Life Education Hub. The new hub will be the 'go-to' place for all our educational content to support face-to-face delivery of our health and safety modules in schools, complete with downloadable tools, resources and extension activities, that classroom teachers can use with Smartboards and other AV mediums.

The online learning platform was made possible thanks to funding from Queensland Health and Health and Wellbeing Queensland. Within just three weeks of going live, more than 100 Queensland schools had registered on the platform – and the site now has more than 1,300 regular users, with that number growing each week.

“The coronavirus required a complete rethink of our service delivery and how we utilise our team. The new online learning platform is exciting because it means that even though children are now back at school in Queensland, we’ll still be able to reach students right across the state with our essential program and resources,”
said Life Education Queensland CEO Michael Fawsitt.



LIFE EDUCATION PODCAST SERIES



An exciting new podcast series launched by Life Education Queensland this year is providing valuable advice and information for the parents of the thousands of children who experience our program in schools.

Journalist and host Tracey Challenor chats with experts nationwide on important topics aligned with Life Education's program, including health and nutrition, emotional resilience, dealing with bullying and cybersafety.

Recent guests include leading families' expert and Life Education ambassador Dr Justin Coulson, popular clinical psychologist, author and Life Education Queensland ambassador Dr Judith Locke, bullying expert and co-author of the Triple P Positive Parenting program, Dr Karyn Healy, naturopath Georgia Harding and Australia's eSafety Commissioner Julie Inman-Grant.

Thanks to Zoe Shearer and Gemma West for managing the branding and promotion of the podcast series which is being utilised by Life Education organisations across Australia.

"The podcasts are a great way for us to support the parents of children who attend our program," said Marketing Services Manager Zoe Shearer.

"We believe that a holistic, whole-of-community approach to health and wellbeing education has a positive, powerful and lasting impact on a child's social, emotional and physical wellbeing, so providing additional support for parents via great content and resources, helps support our mission to empower Aussie children to make good choices," said Life Education Queensland CEO Michael Fawsitt.

With a great line-up of new guests in the coming months, the podcasts are available on popular platforms including Spotify, Apple Podcasts, iHeartRADIO and Soundcloud.

Julie Inman-Grant
-Australia's
eSafety
Commissioner





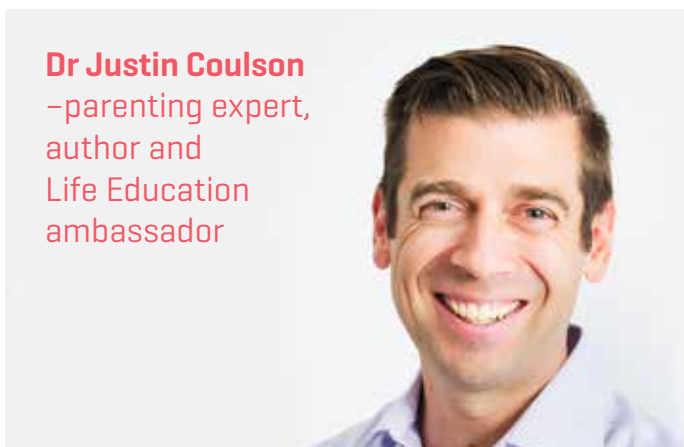
Tracey Challenor
-Life Education Podcast host



Dr Judith Locke
-clinical psychologist,
author and Life
Education Queensland
ambassador



Georgia Harding
-naturopath and
whole foods
educator



Dr Justin Coulson
-parenting expert,
author and
Life Education
ambassador



OUR AMAZING DONORS

Gold Coast father and business owner Rafer believes there is nothing more important than giving children a great start in life by empowering them with the right tools and knowledge to make safe and healthy choices. That's why he and wife Jasmine are proud to support Life Education Queensland as regular donors.

They both have fond memories of attending the Life Education program when they were at school and clearly remember learning about healthy eating, the dangers of drugs and alcohol and how the human body works.

"I visited the old TAM Theatre back in the days when schools visited Life Education at the Broadbeach location, before there were mobile learning centres in each region," Rafer says.

Now, with three young children of their own, the couple is even more aware of the need to reinforce positive health and wellbeing messages.

"Instilling that information at a young age hopefully sets them up with the right mindset for the rest of their life," Jasmine says.

Rafer and Jasmine have been donors since 2018 and say they couldn't be happier to support the cause.

"I joined the Kids' Protect Team after becoming a father. I believe in the importance of educating children to make healthy, informed and empowered decisions, and I am so pleased to know that my support is helping my children and other children across Queensland."

"As a former educator, I understand the vital role Life Education plays in providing the support and necessary information kids crave in their growth and development as good human beings. A school is able to support in many ways, but the boost this program provides to the developing generations, ensures they are equipped with knowledge to help their decision making and health overall, in ways that are immeasurable. Such a fabulous organisation, doing great things for our most precious resource." Holli- Kids' Protect Team member – Mermaid Beach

OUR FUNDRAISING HIGHLIGHTS

During such an unprecedented and unpredictable year, support from the community has never been more important than it is right now.

This year has been a particularly challenging year for our community with the impact of COVID-19 adding additional pressure and stressors to Queensland families. As a not-for-profit organisation that relies on the support of our community, we have been honoured and humbled by the continued generosity and passion of Queenslanders.

Without the support of our generous community, we simply couldn't do what we do. This year we have reached almost 180,000 children – providing vital knowledge, education and life skills that will serve these children now and well into their adult life.

This has only been possible because of passionate community members who have supported our work this year. On behalf of Life Education Queensland, the children, teachers, families and Queensland community – we thank you.

KIDS' PROTECT TEAM

The Life Education Queensland regular monthly giving program – Kids' Protect Team, is a group of like-minded, committed individuals who share a vision and passion for protecting Australian children through preventative and empowering education.

This has been a phenomenal year of growth and commitment for the Kids' Protect Team. We are delighted to report that the Kids' Protect Team has grown to 8,000 supporters.

Given the challenges so many have faced in an unprecedented year, we are so grateful for the support of our newly-acquired supporters and our long-term givers – all of whom are helping us to ensure that children in even the most remote and disadvantaged areas of Queensland can access Life Education programs.

Regular giving as an income stream is a highly important part of Life Education's overall fundraising strategic plan. This income stream provides reliable and forecastable income which allows us to plan for now and well into the future.

As we move towards a new era of education delivery and addressing the immediate and changing needs of children, we acknowledge that we couldn't do it without our Kids' Protect Team members. Thank you so much for standing by our side.

For more information on joining the Life Education Kids' Protect Team, please visit our website <https://lifeeducationqld.org.au/donate/>.

L-R Database Administration Officer Maddison Gerada, Fundraising Officer Ione Eite, Fundraising Manager Emma Wills (centre), Fundraising Officers Ieva Adeikyte and Rachel Mallard





School Partnerships Officer Mitchell Coveney, School & Community Partnerships Manager Sarah Pine and School Bookings Coordinator Lynn Reeves

SCHOOL AND COMMUNITY PARTNERSHIPS

Liaising with schools across Queensland to arrange a visit from the Life Education program, is a huge logistical job in any year, but managing bookings during a pandemic has been a challenge. Nevertheless, our School and Community Partnerships team has handled the disruption with grace, determination and positivity.

After a successful 2019, we started 2020 full of anticipation for a fully booked program, but by March, the impacts of COVID-19 were being felt in Queensland and the other states.

Some schools were forced to postpone their Life Education visit for later in the year, and some elected to reschedule their visits for 2021.

Many others were incredibly accommodating and flexible, adapting their term curriculum where possible to allow for Life Education bookings to go ahead, albeit in the classroom instead of our mobile learning centres.

Online learning

We worked hard to support schools through their learning journey with us by introducing them to our new Life Education Hub. Our new online learning resource was designed to be easy to use and that showed through the number of schools that not only signed up but utilised the content throughout the Queensland school lockdown period.

In fact, we had more than 100 schools register to utilise the platform, and the feedback we received was fabulous. The Hub also allowed schools in more remote areas the opportunity to interact with our learning modules.

Demand for program

Half way through term two, as Queensland schools emerged from lockdown, we were inundated with requests from schools to participate in the program face to face, and we have been working non-stop since then to fulfil as many booking requests as possible.

Our partnerships with Queensland Health, Northern Queensland Primary Health Network (NQPHN) and Communities for Children (via The Smith Family, Uniting Care and Mission Australia) have allowed us to focus our resources more strategically in both regional and disadvantaged areas of Queensland. Once again, we are incredibly grateful for their support during this year.



What teachers say

Face-to-face session:

“The program reinforces kindness, respect and how to maintain friendships which is important to learn in prep. Social skills, healthy choices and safety are also pivotal messages. I have a diverse group of students with many different needs and this program has met these needs, as well as refreshed their memories.” – teacher

“Covers health content that classroom teachers are unable to cover, especially in 2020, due to a shortened curriculum, and the resources are relevant and interesting.” – teacher

“We have been having discussions in our Health subject about what makes a good friend and how we can have a healthy lifestyle. The program reinforced what we have been talking about in class.” – teacher

Online learning:

“The video lessons were interesting, and the students were very engaged with the content. Lots of conversation starters were sparked. Great content and it was enjoyed by all.” – teacher

“I was impressed with the cyber lessons and would highly recommend these being used in digital technology lessons. The interactive extension challenges are well designed.” – teacher



OUR VALUABLE PARTNERSHIPS

Throughout the year, we celebrated successful long-term partnerships with various Queensland schools, as well as forging relationships with new schools, Bond University, and other charities.

27 years at Chapel Hill State School

Students from Brisbane’s Chapel Hill State School joined Healthy Harold to celebrate 27 consecutive years of the Life Education program visiting their school.

It’s one of our charity’s longest school partnerships in Queensland and testament to the program’s impact and relevance says Life Education Queensland CEO Michael Fawsitt.

“It is significant that schools like Chapel Hill have journeyed with us for 27 years because they recognise the ongoing value of the program we deliver and how it’s adapted to meet the challenges that children, teachers and parents face today.”

School deputy principal Tal Mitchell said the Life Education program had enriched the lives of thousands of children in the school community over nearly three decades.

“The Life Education van contributes to the health and wellbeing programs that we currently have in the school and the support provisions that we have in place, particularly with the program’s focus on resilience and cybersafety,”
Mr Mitchell said.

“Kids also gain so much knowledge about the importance of healthy eating and exercise. We are an active community, but when children have those messages reinforced by educators from outside the community, it’s a powerful reminder.”



Bond University supports anti-bullying campaign

Sadly, one in four students in Years 4 to 9 experiences bullying on a regular basis.

Life Education Queensland aims to reduce bullying and promote respectful relationships, by empowering young people with protective behaviours to stay safe online and face to face.

This year, we partnered with Bond University to plan and trial a new anti-bullying program designed for high schools.

As part of a six-week mentoring program, students from the Bond Uni Employability Lab were briefed by Life Education Queensland Marketing Manager Zoe Shearer to develop a program to reduce the number of reported bullying incidences among Year 8 students.

Their campaign concept, Be a Mate, Don't Hate, features a raft of clever activities and strategies, which when implemented, would initially be trialled at one local high school.

Although, the campaign was put on hold due to COVID, initial feedback from local high school principals was positive.



“Life Education Queensland is so impressed with the Bond Uni students’ passion and commitment to developing an anti-bullying program that has the potential to ultimately be implemented in high schools across the state and complement the work we are doing in primary schools to reduce bullying rates,” Life Education Queensland CEO Michael Fawsitt said.

OUR EDUCATORS GIVE BACK TO THE COMMUNITY

With their normal teaching schedule disrupted during some of 2020, three of our educators did us proud, volunteering to help their local communities.

Volunteering in the southeast

Educators Jess and Natalie helped Gailes Community House – collecting grocery items from relief organisation Foodbank Queensland to make food hampers.

The food boxes were distributed to families in need across Ipswich, Gailes and Camira.

Gailes Community House coordinator Delphine Legros said the support from Foodbank and Life Education was invaluable.

“With so many people losing their jobs because of the coronavirus restrictions, there’s been a lot of hardship out there. We are seeing new faces each week. Families who wouldn’t normally need our help, are reaching out to put food on the table,”
Ms Legros said.

“To have organisations like Life Education step up and help us meet the demand for food hampers was just so appreciated.”



Natalie Nunan, Delphine Legros [Gailes Community House] and Jessica Caldwell.

Volunteering in the north

Meantime, in North Queensland, educator Donna stepped in to help not-for-profit Eat Up Australia. Driving their van hundreds of kilometres, Donna delivered breakfast products donated by Sanitarium Australia to 34 schools across Townsville, Charters Towers and the Burdekin. It meant the schools were stocked up with Weet-Bix, and other products, ensuring students in the region could have a healthy start to their day.

Eat Up founder Lyndon Galea summed it up:

“Thanks to Life Education we were able to fill our van four times over. Local community support is paramount at times like this, and we’re sincerely thankful.”

Life Education Queensland CEO Michael Fawsitt said the educators had demonstrated amazing community spirit.

“Our team of educators has shown incredible versatility in the past year, and as a charity that’s focused on supporting children’s health and wellbeing, I’m so pleased we’re able to make a contribution to providing vital food relief during such a difficult time for many families.”



Donna Walker volunteering with Eat Up.

Burleigh Heads primary and Harold celebrate the end of lockdown

When thousands of Queensland students returned to school at the end of term two this year after the COVID-19 lockdown, they had an extra reason to celebrate – Life Education was back!

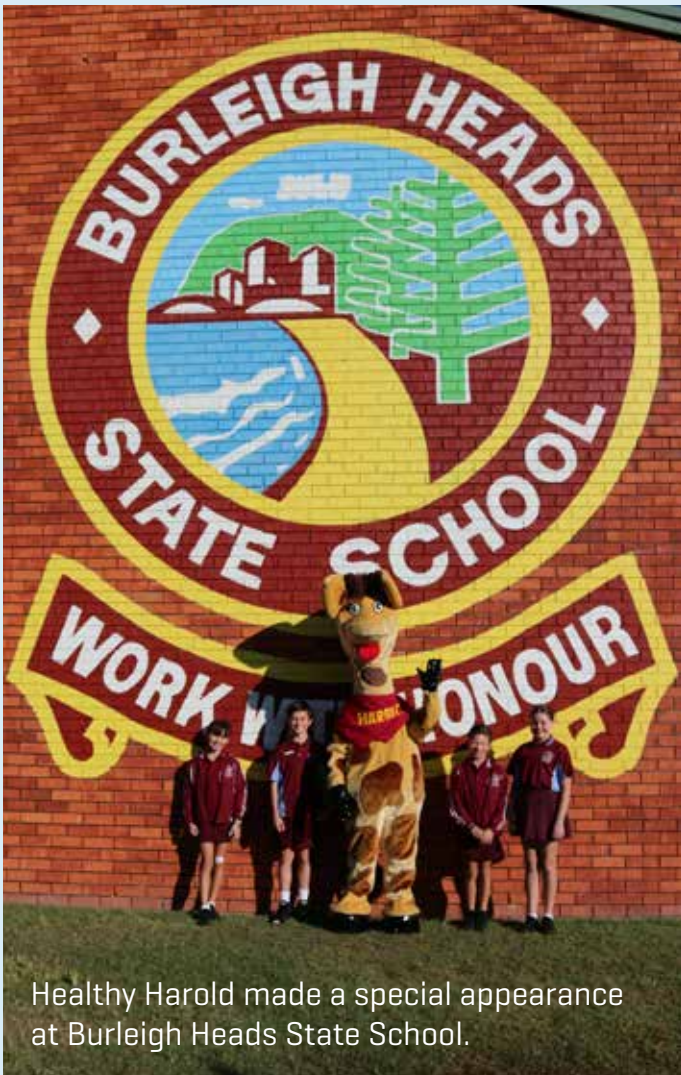
After delivering our program via our new online learning platform during many weeks of home schooling, our educators were excited to be delivering face-to-face lessons in schools once again.

Healthy Harold made a special appearance at Burleigh Heads State School, and local TV news coverage helped spread the word that

thousands of youngsters state-wide would once again experience the Life Education program.

Due to COVID, it will still be a little while until the wheels roll on our iconic mobile learning centres, meaning classroom delivery will be the norm for now.

But the enthusiastic welcome for our program at Burleigh Primary School from staff, students and parents left no doubt that the vital health and wellbeing messages of the Life Education program continue to change young lives and the program is a valued part of the school curriculum.



Healthy Harold made a special appearance at Burleigh Heads State School.



OUR QUEENSLAND MEDIA IMPACT

Consistent media coverage helps demonstrate our program's impact in every corner of Queensland. From parent concerns about cybersafety and the launch of innovative nutrition programs, to exciting partnerships, inspiring stories and how we adapted during COVID-19, our compelling Life Education stories have been told on TV news, in radio interviews, in print and online.



HEALTHY HABITS

MICHAEL FAWSITT
LIFE EDUCATION QUEENSLAND CEO



Townsville
Bulletin

Healthy Harold launches new educational van

pakmag

Life Education Queensland Launches New Online Platform



THE INTERVIEW

Teaching character to many generations

Life Education and Healthy Harvest have been helping out for 40 years and even better things are ahead

It's a career that will never grow stale. Teaching character education to young people is a noble and rewarding job. It's a job that will never grow stale. Teaching character education to young people is a noble and rewarding job. It's a job that will never grow stale. Teaching character education to young people is a noble and rewarding job.

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Life Education Queensland CEO Michael Foxall says the program is a healthy education for all.



WITH ANN WASON MOORE

Ann Wason Moore is the author of the book 'The Power of Positive Thinking'. She is a motivational speaker and author. She has written several books on personal development and positivity.

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POSITIVE RELATIONSHIPS: Gladstone South State School Year 6 students Neil Torres and Ella Hodgson and Year 5 students Abigailly Inverell and Terika Kain stand with the Healthy Harvest team last week.

Students get an A for attitude at Life Education

STUDENTS at Gladstone South State School have scored an A for attitude after taking part in an innovative Life Education Queensland program that teaches children how to make good friends, deal with bullies and develop self-respect.

Years 5 and 6 classes visited the senior Hebble Brook school last week to attend Bully Respect Connect - a program that teaches children how to make good friends, deal with bullies and develop self-respect.

Life Education Queensland CEO Michael Foxall said the program was particularly relevant ahead of this week's National Day of Action Against Bullying on March 30.

FEBRUARY 8, 2020 - 1:00PM

Biggest worry about kids is cybersafety, survey of 2526 parents finds

Local News

On the eve of Safer Internet Day, latest research from leading children's health promotion charity Life Education has found keeping kids cybersafe is the top concern for Queensland parents.



PARENTAL CONCERN: What is your child doing on the internet? A survey has found that many parents are concerned about cybersafety for their children.

News

JULY 23, 2019 - 11:55AM

Funding partnership extends Life Education Queensland program



Life Education Queensland Annual Report 2020

Gold Coast Bulletin

Gold Coast one of three cities to launch preschool program tackling childhood obesity



TOGETHER: Life Education educator Natalie Hines, Galois Community House Co-ordinator Delaine Logan and Life Education educator Jenika Caldwell.

Educators offer helping hand during tough times

SAMPVA SELVIE Community House and work in partnership to help the community. Galois Community House and work in partnership to help the community. Galois Community House and work in partnership to help the community.

OUR COMMITTEES

Life Education Queensland has four main regional committees: Toowoomba, Cooloola-Noosa, Central Queensland and Townsville, plus a sub-committee in the Moreton region, and a volunteer support group in Bundaberg. They all work tirelessly in their key regions.

Our committees and support group are run by local community volunteers who bring vast experience, passion and dedication to their roles, supporting Life Education Queensland's mission to engage with and empower children across the state. We are indebted to both the committee members and our committee educators for their dedication, enthusiasm and professionalism.

Here, they share their highlights from the past year.

TOOWOOMBA

Grant Daggard President

The past year has seen a lot of changes for the Toowoomba and Darling Downs Life Education Committee. I was appointed committee president, with Brian Shackleton relinquishing the role after many years of dedicated service.

Our committee doubled in size with the introduction of some enthusiastic new members. Our dedicated and vibrant educator, Jane has done everything possible to negotiate the obstacles brought on by a tumultuous year, ensuring that we see as many students as possible whilst observing COVID safety protocols.

Thanks to the Rotary Club of Toowoomba East for their acknowledgement – through a \$3000 donation to Australian Rotary Health Research – the incredibly significant contribution made by Brian Shackleton to Life Education. Brian has been involved in community service over many years, volunteering for countless organisations, including a 30-year association with the Toowoomba and Darling Downs Life Education Committee as both a past treasurer and committee chairman.

We sadly farewelled our founding chairman Karl Hertle, after he lost his ongoing battle with a number of health issues. Karl had dedicated many of his years of service to Life Education, and it is the reason we have such a great committee and community following.

Unfortunately, our major fundraising event for the year was cancelled due to COVID-19. Val Peachey, a wonderful community member, makes her amazing floral garden available each year as part of the exhibition gardens during Toowoomba's Carnival of Flowers. The profits from the gate takings are divided between four charities, and each year, Val nominates Life Education as one of the beneficiaries.

The Toowoomba and Darling Downs Life Education Committee continues to deliver engaging and motivating lessons to a wide variety of children from various ethnic, religious and socio-economic backgrounds.

COOLOOLA-NOOSA

Cianna Wright President

This has been my first year with Life Education Queensland and working with the small Cooloola area committee. I grew up attending Life Education and am now on the other side, as a teacher. I truly understand how imperative this program is for our communities, giving children a foundation that will carry them through to adulthood.

This year hasn't been typical in any way, but despite the various challenges, our educator Niki has still managed to deliver the program to the majority of schools in our district, and ensured that all schools were given the opportunity to access the online programs. We have seen more secondary students this year via delivery of the popular Decisions module, adapted to the Year 9 curriculum, and there has been an increased interest in the secondary programs. Niki is excited to be working with a new secondary school next year, complementing their wellness program.

We're also really excited about the addition of the Triple P Positive Parenting Program that will soon be delivered by Life Education and have discussed the importance of the program and delivery in our district.

Overall, despite the challenges, it's been a successful year, and our schools, as always have been 100 percent supportive and have accommodated direct delivery. A big thank you to Niki for her passion, enthusiasm and positivity through uncertain times. Her student-centred approach is what makes her an amazing educator and she advocated for all students to have access to the program this year throughout COVID-19. Thank you to the other committee members for your ongoing support of the program.





Educator Brittany Hinz (in car), and educator Liz Hills at the Rockhampton Cancer Council Christmas Parade

CENTRAL QUEENSLAND

Rickie Fisher

President

Central Queensland Life Education has had a successful yet challenging year. In the last half of 2019, 26 primary schools were visited by Liz, our dedicated primary school health educator, while early learning educator Brittany delivered the program to 16 early learning centres. In primary schools, the core health and drug programs were sought after, whilst the early learning centres received the modules from the Healthy Harold, Healthy Me program, with their focus on safety, healthy eating, physical activity and emotional wellbeing.

We were invited to attend three major Rockhampton community events in 2019: the Beach Day Out (which also coincided with the unveiling of our new wheelchair-accessible mobile learning classroom), the annual Rockhampton Cancer Council Christmas Parade and the St Mary's Christmas Fair. Healthy Harold was a huge hit at all three events.

We started 2020 on a positive note, however due to the global pandemic, visits to schools ceased from week eight of term one through to week eight, term two. During this time, we contacted schools to determine how we could best support them with resources to complement the remote learning period. Based on the feedback provided, CQLEC networked with LEQ, LENT and LENZ and collated paper-based and online resources for local schools to utilise to ensure the Life Education message continued to be an important part of the learning process.

Even with the interruption of COVID-19, we have managed to meet our student targets for Communities for Children funding. Nevertheless, the pandemic brought significant challenges to the delivery of the program, with the need for direct delivery of sessions outside the mobile classroom and an almost complete refit of scheduled bookings up to the end of 2020, with missed school bookings from terms one and two needing to be rescheduled throughout the year.

Work is continuing, to deliver the new mobile learning classroom (MLC) for CQLEC to replace the current vehicle which is nearly 30 years old. COVID-19 has caused some delays to the production of this new MLC, but hopefully, it will now be ready by early 2021, meaning we can continue to make a positive impact on the children of Central Queensland through the Life Education suite of programs.



Central Queensland educator Liz Hills with children from the Capricorn Coast



Townsville Committee president Mark Purvis, LEQ CEO Michael Fawsitt, Healthy Harold and Townsville educator Tim McKean in front of the new mobile learning centre.

TOWNSVILLE

Mark Purvis President

The Life Education program continues to go from strength to strength in the Townsville region. Our dedicated committee has overseen the delivery of the Life Education programs to 53 primary schools, and 54 early learning centre visits, where we engaged with a total of 16,498 children. Given the interruption to our program for a five-week period from 23 March, due to the COVID-19 pandemic, we saw a slightly reduced number of children compared to previous years, but demand was still high.

We returned to providing direct delivery in classrooms on the 11 May this year. Even with these restrictions, we were able to see all but two of our scheduled schools.

Our excellent educator Tim continues to deliver to his usual high standard and receives frequent accolades from both schools and parents. Donna also assisted the Townsville program while the north west program was suspended in term two.

We launched our new self-drive mobile learning centre [MLC] towards the end of last year, the first of its kind in Australia. The committee raised an incredible \$180,000 to fund and custom-modify the new van, which replaced the previous 30-year-old MLC. We unveiled the new MLC at a celebration event at St Joseph's Catholic Primary School in November last year. Committee members were joined by students, supporters, Life Education Queensland CEO Michael Fawsitt, local media and mascot Healthy Harold.

Happily, we recently resumed lessons from our mobile learning centre with schools that indicated they wanted this type of delivery.

The committee is committed to ensuring all children in our region have access to the Life Education program and we are continually looking for opportunities to improve our program reach.

I must acknowledge the continuing terrific work of our secretary Wendy Flynn who we rely upon to be our front office contact person. Well done Wendy.



Life Education Queensland CEO Michael Fawsitt (centre back), no celebrate the new self-drive van.

MORETON BAY SUB COMMITTEE

Larry Burke
President and secretary

The Moreton Bay Sub Committee is proud to see the Life Education program continue to flourish in the Moreton Bay region. A grant from the Moreton Bay Regional Council, has enabled us to again provide sponsorship to several disadvantaged schools, making the Life Education program available to many more students than would otherwise be possible.

In the past year, nine schools totalling 4,487 students from the Moreton Bay region participated in the Life Education program, with most lessons delivered by our experienced educator, Brigette.

Our committee sponsored seven schools, to the tune of \$6,060, which meant a total of 2,313 students were able to attend the Life Education program. Sponsorship to each school was allocated in terms of the relative degree of disadvantage.

It was also pleasing to see ten schools – or 2,165 students from within the Moreton Bay region – participate in Life Education Queensland’s Talk About It, sexual health program. This reflects a growing interest and support for these programs, with some schools electing to participate in both the year-level modules and the sexual health programs covering puberty, identity and healthy relationships.

Although COVID-19 resulted in reduced student participation in direct delivery from our educator, the online platform, Life Education Hub, provided an opportunity for parents and schools to become more familiar with the various Life Education programs and resources.



North Queensland educators and Townsville Committee members

BUNDABERG VOLUNTEER SUPPORT GROUP

Wendy MacDonald
Volunteer

Despite the COVID-related challenges of the past year, the Bundaberg Volunteer Support Group has ended the year on a high. At the start of 2020, we welcomed new educator Rebecca, who has done a wonderful job building relationships with schools in the Wide Bay region including Maryborough and Hervey Bay.

Participating in key community events was a highlight of the second half of 2019. We took part in Bundaberg Regional Council’s annual Flourish Family Fun Day in July, an event celebrating the diversity of families in the region. Packed with entertainment, information stalls and activities for families, it was a great opportunity to showcase the work of Life Education Queensland to the local community.

In September, we attended the Phoenix House Rainbow Day, an event for children under five, held during Child Protection Week, that we’ve been involved with for many years. Held at PCYC Bundaberg, it was a great morning which gave us a chance to reveal our bold new signage and meet local families.

In December, we joined the Christmas Pageant, and the decorated car with Healthy Harold as special guest, were once again a hit with young and old.



Wide Bay educator Rebecca Jakins



Bundaberg Volunteer Support Group’s Greg Mallett [far right] with local councillors and Healthy Harold at the Phoenix House Rainbow Day

MEET OUR EDUCATORS



"It was amazing to see how happy the students were to have our program in their school, and you could sense their excitement."

Brad Scarrabelotti Health Educator, Gold Coast

I started working for Life Education Queensland as soon as I finished my teaching degree. When I walked into the Life Education van it took me straight back to my childhood and wonderful memories of being taught the program when I was at school.

I've been an educator with Life Education for more than five years, and I am incredibly passionate about my work. I pinch myself each day that I'm an educator who gets to provide young people with important information that will help make a difference in their lives in the short and long-term.

It is rewarding when we get feedback from schools, teachers, principals, and parents about our program. A year after visiting one school, the principal said he could not believe the positive

change in the way students had been treating each other after attending my lessons. He also said parents were noticing their children being more respectful at home.

I've visited remote communities in Weipa and Doomadgee to deliver the Life Education program to Indigenous and non-Indigenous children. It was amazing to see how happy the students were to have our program in their school, and you could sense their excitement. The highlight was seeing how much information the students had retained from the year before. The messages about living a healthy lifestyle and the dangers of drugs and alcohol had really sunk in.

Lane Norman Health Educator, Sunshine Coast

I've been counselling for more than 10 years and educating 8 - 15 year olds and their parents, in sexual health and respectful relationships for the past 13 years. My training and ongoing professional development in these areas includes childhood development, the adolescent brain, narrative therapy, voice dialogue, effective communication, ASD and adolescence and complex trauma.

I joined the Life Education team five years ago, and I still think I have one of the best jobs in the world. I am passionate about children receiving essential, age-appropriate information in a relaxed, safe environment.

I'm part of a small team that delivers Talk About It, teaching children from Years 5 through to Year 9 about puberty, sexual health, respectful relationships, and valuing diversity.

One of the reasons I wanted to join Life Education, is to help young people navigate the changes in puberty: the mood swings, the physical changes, and how to form healthy relationships.

My own experience being bullied as a teenager shaped me into the person I am now and is another factor that drives my work with young people. It's made me extremely aware of social dynamics in a classroom. I'm incredibly conscious of being inclusive of all children and engaging teachers and the school counsellor if I see anything that needs addressing in class or the playground.

Personally, over the years I have measured my impact by the hugs, letters and parent calls that have followed the programs I have delivered.



"Personally, over the years I have measured my impact by the hugs, letters and parent calls that have followed the programs I have delivered."



Sue Osmond

Health Educator, Gold Coast

I have the fondest memories of visiting the Life Education program when I was a child. In those days, the lessons were delivered in the Life Education Centre at Broadbeach, and we would walk across from Broadbeach State Primary School. I can recall the excitement of seeing Healthy Harold and being fascinated by TAM [the transparent anatomical mannequin], that teaches children about the human body.

To now be part of that magic as an adult, is so rewarding.

I joined Life Education in 2018 after seven years as a teacher in the state and independent school sector.

Where else can you work with thousands of students a year to empower them to make safe and

healthy choices? Knowing I can be part of young people's lives; that I can help them to see how important their health is and how special their bodies are is just such an amazing feeling.

Every day it warms my heart when I hear children excitedly waiting outside the Life Education van and see their faces light up as the stars come on. Many times, I hear one whisper, 'this is magical', and it truly is!

When we recap our learning, and the children tell me what they remember, even a year since our last visit, I see the impact our program has. I feel proud that students leave the van with more knowledge about their bodies, and more confidence, and armed with the strategies and skills they need to make safe and healthy choices.

"Every day it warms my heart when I hear children excitedly waiting outside the Life Education van and see their faces light up as the stars come on."

Gemma Ewin

Health Educator, Far North Queensland

I grew up in the Atherton Tablelands and became an educator with Life Education Queensland in 2014. I love the organisation's mission to provide vital health and wellbeing education to generations of children.

As a teacher, I want the best for the students I see. I want them to grow up to be healthy and strong and gain the social and emotional strategies to take on the world with confidence. Life Education, through its partnerships with schools and community groups, helps students achieve these goals and is such an amazing experience for young people.

Far North Queensland is a huge place, so we cover a large area. One of the best parts of my job is bringing the health and drug education program to students at such a wide variety of schools. We may have a set number of modules, but every educator will

tailor their lessons to the needs of the schools, and students within those schools. We change activities and think of new ways to deliver messages.

I love seeing the smiles on children's faces, hearing their questions, and seeing them get so involved in the program. I get asked so many fascinating questions, like "how is the human brain just an organ, but is able to do so many things?" I enjoy seeing children apply the strategies from the program to solve problems in the playground and I especially enjoy hearing them talk about Healthy Harold.

If kids could remember just one thing from the Life Education program, I hope it would be to look after their bodies and make good choices. It is amazing how these principles can help you through the toughest of times.



"I love seeing the smiles on children's faces, hearing their questions, and seeing them get so involved in the program."



OUR AMBASSADORS

Life Education Queensland is grateful for the support of members of parliament from across the state, along with councillors in many regions and community leaders. Their support helps us to achieve our vision of helping generations of Queensland children to live a safe and healthy life.

Special thanks to Hon Steven Miles MP – Member for Murrumba - Deputy Premier and Minister for State Development, Infrastructure, Local Government and Planning (formerly Health Minister)

Our ambassadors in parliament include:

Hon Mick de Brenni – Member for Springwood – Minister for Energy, Renewables and Hydrogen and Minister for Public Works and Procurement

Hon Shannon Fentiman – Member for Waterford – Attorney-General and Minister for Justice, Minister for Women and Minister for the Prevention of Domestic and Family Violence

Hon Leeanne Enoch – Member for Algester – Minister for Communities and Housing, Minister for Digital Economy and Minister for the Arts

Hon Di Farmer – Member for Bulimba – Minister for Employment and Small Business and Minister for Training and Skills Development

Hon Meaghan Scanlon – Member for Gaven – Minister for the Environment and the Great Barrier Reef and Minister for Science and Youth Affairs

Hon Mark Bailey – Member for Miller – Minister for Transport and Main Roads

Hon Mark Furner – Member for Ferny Grove – Minister for Agricultural Industry Development and Fisheries and Minister for Rural Communities

Mr David Crisafulli – Member for Broadwater – Leader of the Opposition, Shadow Minister for Tourism

Mr David Janetzki – Member for Toowoomba South – Deputy Leader of the Opposition, Shadow Treasurer, Shadow Minister for Investment and Trade

Mr Tim Nicholls – Member for Clayfield – Shadow Attorney-General, Shadow Minister for Justice

Dr Christian Rowan – Member for Moggill – Shadow Minister for Education and Shadow Minister for the Arts

Mr Jarrod Bleijie – Member for Kawana – Shadow Minister for Finance, Industrial Relations, Manager of Opposition Business

Ms Ros Bates – Member for Mudgeeraba – Shadow Minister for Health and Ambulance Services, Medical Research and Women

Mr Steve Minnikin – Member for Chatsworth – Shadow Minister for Transport and Main Roads, Customer Service

Mr John-Paul Langbroek – Member for Surfers Paradise – Shadow Minister for Seniors, Communities and Disability Services, Multiculturalism and Aboriginal and Torres Strait Islander Partnerships

Mrs Julieanne Gilbert – Member for Mackay – Assistant Minister for Treasury

Mr Don Brown – Member for Capalaba – Chief Government Whip

Ms Joan Pease – Member for Lytton – Senior Government Whip

Ms Nikki Boyd – Member for Pine Rivers – Assistant Minister for Health

Mrs Brittany Lauga – Member for Keppel – Assistant Minister for Education

Mr Stephen Bennett – Member for Burnett

Mr Trevor Watts – Member for Toowoomba North

Mr Linus Power – Member for Logan

Ms Jess Pugh – Member for Mount Ommaney

Mr Andrew Powell – Member for Glass House

Ms Jennifer Howard – Member for Ipswich

Mr Michael Crandon – Member for Coomera

Mr Jon Krause – Member for Scenic Rim

Mr Duncan Pegg – MP Member for Stretton

Dr Mark Robinson – Member for Oodgeroo

Mr Shane King – Member for Kurwongbah

Mr Jim Madden – Member for Ipswich West

Mr Joe Kelly – Member for Greenslopes

Our ambassadors in the Gold Coast City Council include:

Pauline Young Division 12

Rob La Castra Division 8

Glenn Tozer Division 9

We would also like to thank the following for their support:

Dr Anthony Lynham (patron) – former Member for Stafford

Mrs Jann Stuckey – former Member for Currumbin

Mrs Jo-Ann Miller – former Member for Bundamba

Sean Choat – former Member for Ipswich West

Seath Holswich – former Member for Pine Rivers

Michael Latter – former Member for Waterford

Freya Ostapovitch – former Member for Stretton

Trevor Ruthenberg – former Member for Kallangur

Anthony Shorten – former Member for Algester

Dale Shuttleworth – former Member for Ferny Grove

Neil Symes – former Member for Lytton

Hon Ian Walker – former Member for Mansfield

Jim Pearce – former Member for Mirani

Sid Cramp – former Member for Gaven

Robert Pyne – former Member for Cairns

Mr Ted Sorenson – former Member for Hervey Bay

Mr Jason Costigan – former Member for Whitsunday

Life Education Queensland Ambassadors

Jimmy Morrison

Brett Lee

Dr Judith Locke



OUR PARTNERS

We acknowledge the support from all our partners.

Major partner



Queensland Health and Health + Wellbeing Queensland

We would like to acknowledge the generous support of our major partners, Queensland Health and Health and Wellbeing Queensland. The support of both the Queensland Government and Health and Wellbeing Queensland has been instrumental in enabling Life Education to expand our services throughout the state, enabling tens of thousands more Queensland children to gain access to vital health education.

Partners

Supported by



OUR GOVERNANCE



Peter Morgan
Chairman

Peter was a founding member of Life Education Queensland's Board and has served continuously ever since. He has worked as a solicitor since 1979 and has been a member of Rotary for more than 30 years. During this time, he was also a member of the finance board of one of the largest church congregations in Australia.



Jack Ray
Deputy Chair

Jack joined the board of Life Education Queensland in 2010. He was born and raised on the Gold Coast where he attended Somerset College. In 2005 he graduated from Bond University with a Bachelor of Business Law Degree. Following graduation from university, Jack worked as development manager for the listed Consolidated Properties Group and Trinity Funds Management Group in a role which included the construction management and leasing of several Coles and Woolworths anchored shopping centres. Prior to becoming executive director of Ray Group in 2009, Jack was Ray Group's director of sales based in both its Mount Hotham and Salt Village, Kingscliff project marketing offices. He holds a commercial helicopter pilot's licence and was the former managing director and chief pilot of Helicopter Services Queensland.



Gary Williams
Secretary

Gary joined the board of Life Education Queensland in 2010. He commenced his banking and finance career with NAB in 1985 and more recently has worked with BOQ Specialist assisting medical, dental, and veterinary clients with all forms of finance and investment. Gary has occupied numerous roles in retail, business and private banking in the Gold Coast and Northern NSW regions.



Sue Davis
Treasurer

Sue joined the board of Life Education in 2014 and is currently the finance director at the Translational Research Institute responsible for the portfolios of finance, ICT, and quality. Sue brings more than 20 years of senior executive financial and business management experience in large-scale private, globally listed, and not-for-profit organisations. Sue is passionate about giving back to the community and has held several volunteer roles in local organisations.



Dr Caroline Salom

Caroline is a senior research fellow at the University of Queensland's Institute for Social Science Research (ISSR). She has worked in health and medical research for more than 30 years and specifically in the alcohol and drug field for more than 15 years. Caroline holds a PhD in substance use, mental health, service development and epidemiology, and brings extensive experience of community and school-based health education and prevention.



Dr Martin Wullschleger

Martin is the Director of Trauma at Royal Brisbane & Women's Hospital. Prior to that he was clinical director of surgical, anaesthetics and procedural services at Gold Coast Hospital and Health Service. In addition to his clinical commitments, Martin is a passionate leader in surgical education and training and undertakes trauma research. Martin brings broad experience to the board including involvement in prevention programs and professional committees.



Michael Fawsitt
Chief Executive Officer

The Life Education Queensland team is led by chief executive officer, Michael Fawsitt, who has 30 years of experience working in non-profit organisations. Michael was one of four finalists for the 2005 Queenslanders of the Year Awards for his contribution to the alleviation of poverty through his work at World Vision Australia. He has been with Life Education Queensland since 2006, during which time Life Education's reach has doubled to more than 200,000 children and young people each year.

OUR TEAM



STAFF

Michael Fawsitt CEO
Sharon Lansley Health Education Manager
Chris Blow Business Services Manager
Deanne Lugton People and Culture Manager
Emma Wills Fundraising Manager
Zoe Shearer Services Marketing Manager
Tracey Challenor PR and Media Manager
Sarah Pine School & Community Partnerships Manager
Sandy Newson Office Manager
Jenn Hall Area Coordinator
Lynn Reeves School Liaison Officer
Mitchell Coveney School Partnerships Officer
Maddison Gerada Database Officer
Rachel Mallard Fundraising Officer
Ione Eite Fundraising Officer
Ieva Adeikyte Fundraising Officer

SEXUAL HEALTH EDUCATORS

Brad Scarrabelotti Gold Coast
Lane Norman Sunshine Coast
Megan Humphreys Mackay
Megan Stanton Cairns
Narelle Watkins Brisbane
Natalie Nunan Brisbane
Vicki Keith Townsville

HEALTH EDUCATORS

Brigette Cavanagh Moreton Bay
Claire Johnson South West
Donna Walker North West
Ellen Patane Gladstone
Gemma Ewin Far North Queensland
Jane Jackson Toowoomba
Janet Connolly Gold Coast 2
Jennifer Rousset Sunshine Coast
Jessica Caldwell Ipswich/Logan
Lisa Barber Redlands
Liz Hills Central Queensland
Louise Shailer Mackay
Michele Tabrett Brisbane
Natalie Hopsick Relief Educator
Natalie Wallbank Ipswich
Niki Andrinopoulos Cooloola-Noosa
Rebecca Jakins Wide Bay
Sue Osmond Gold Coast 1
Tim McKean Townsville

EARLY LEARNING EDUCATOR

Brittany Hinz Central Queensland

OUR FINANCIALS

Statement of comprehensive income

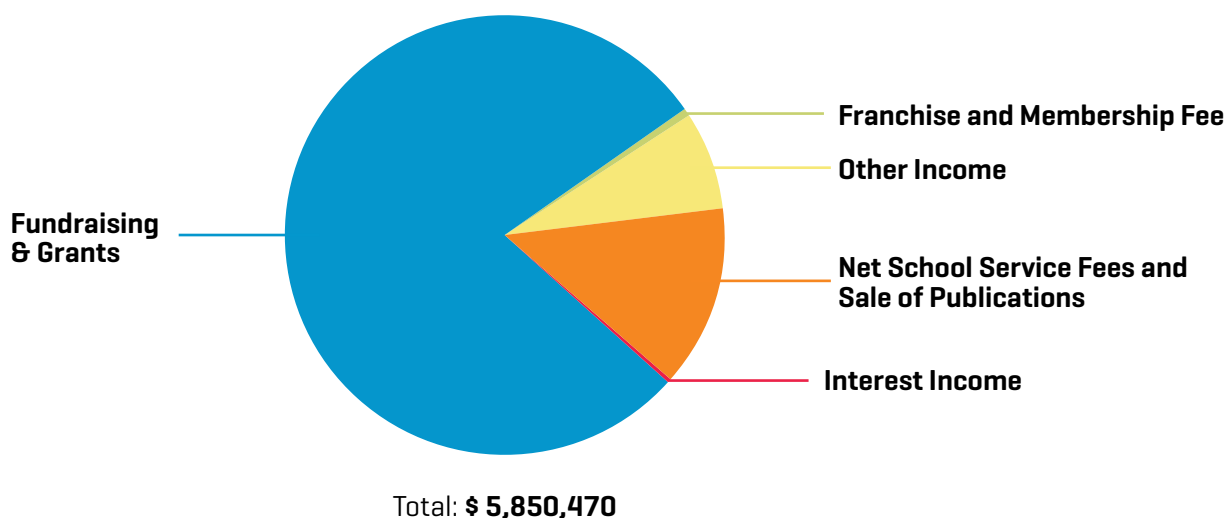
For year ended 30 June 2020

	2020 \$	2019 \$
Revenue [Note 2]	5,850,470	6,256,893
Expenses		
Fundraising and Community Engagement Expenses	1,313,913	1,766,743
Health Promotion Expenses	3,339,467	3,257,081
General Administration Expenses	1,055,405	1,095,039
Depreciation and Amortisation Expense	129,681	137,019
	5,838,466	6,255,883
Total comprehensive income for the year	12,004	1,010

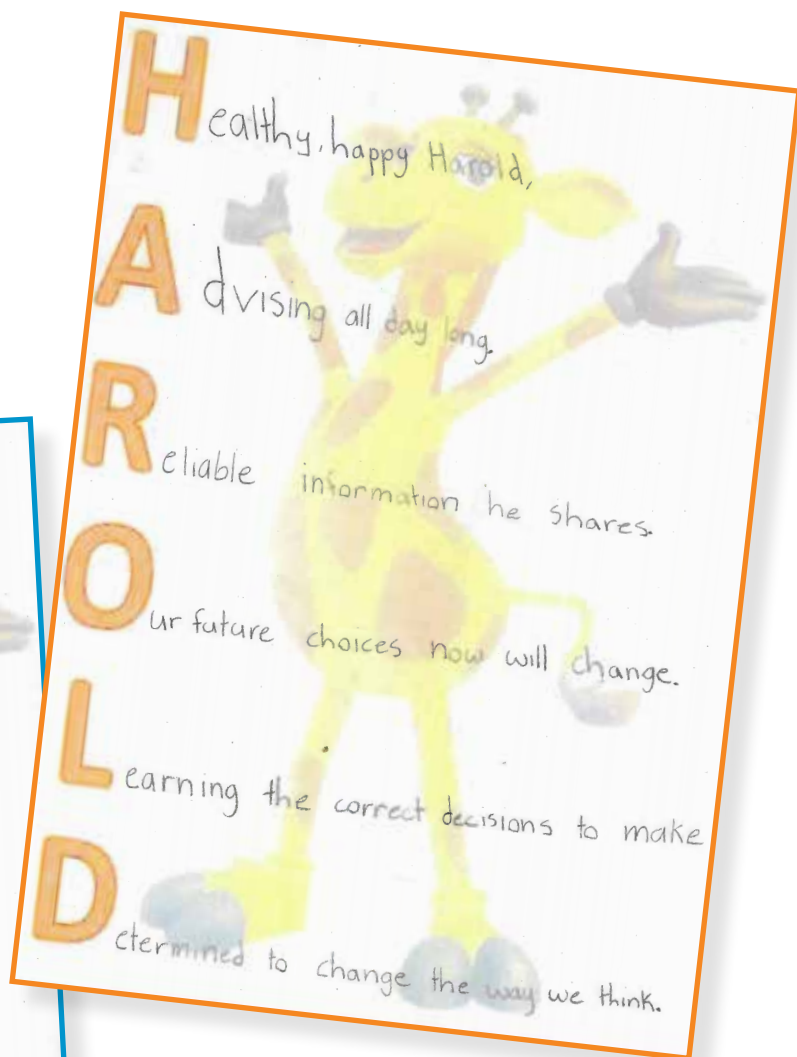
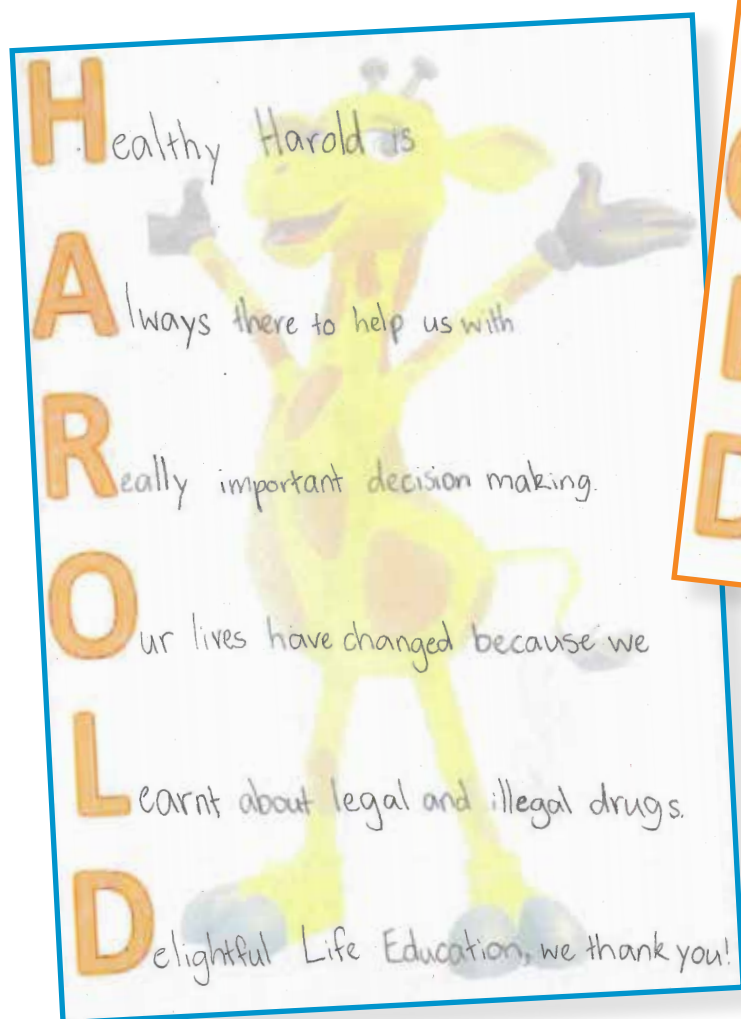
Note 2

Net School Service Fees and Sale of Publications	788,817	1,014,585
Interest Income	14,255	34,529
Fundraising & Grants	4,596,485	5,118,851
Franchise and Membership Fee	28,990	31,284
Other Income	421,923	57,644
	5,850,470	6,256,893

Source of funds 2020



WHAT CHILDREN SAY



Year 6 students at Pallara State School were inspired to create these clever acrostic poems after the Life Education program came to their school.





HOW YOU CAN SUPPORT US

- ✓ Join the Kids' Protect Team
 - ✓ Enter a corporate partnership
 - ✓ Leave a gift in your Will
 - ✓ Support us by becoming a donor
 - ✓ Engage your school community
-

CONNECT WITH US



07 5572 0166



lifeeducationqld.org.au



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<https://www.instagram.com/lifeedqld>



<https://www.linkedin.com/company/life-education-qld>





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