Relate, Respect, Connect Booster Session 1 - Assessment Task

Life Ed.
Every child deserves to thrive

Learning Intention:

Today we are: learning about empathy

So we can: better understand how other people are feeling

I will know I have been successful: when I can identify and provide examples of empathetic and non-empathetic behaviour.

Empathy is being able to know how someone else is feeling, even when you aren't in the same situation.

Sometimes, we call empathy being able to "put yourself in someone's shoes" and see things through their eyes.

Why is empathy important? Empathy is the first step in having positive relationships because it helps us understand and relate to other people in our lives.

Assessment Task:

Write 2 paragraphs:

1 example of empathy and 1 example of non-empathy.

include:

- times when someone was empathetic / non-empathetic to you
- how it made you feel
- how you wish to be treated next time

Empathy

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Non-Empathy

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