

Take a Breath Assessment Rubric



**take a
Breath.**

Smoking and vaping - your voice, your choice

Attention: Teachers

Use this assessment rubric to assist with assessing the student comprehension of
Booster Session content.

| | Working Towards (Basic) | At Standard (Sound) | Above Standard (High) | Well Above Standard (Outstanding) |
|--|--|---|---|---|
| Booster Session 1 Smoking to Vaping - Then to Now | Student demonstrates a basic understanding of the health benefits of stricter smoking and vaping laws. | Student demonstrates a sound grasp of laws around smoking and vaping and the positive health impacts. Student communicates this knowledge with some examples and elaboration. | Student demonstrates clear comprehension of health benefits associated with stricter smoking and vaping laws. Student effectively communicates positive impacts with some critical insight. | Student exhibits a thorough understanding and articulate communication of the health benefits associated with stricter smoking and vaping laws. Student provided comprehensive evidence and elaborations. |
| Booster Session 2 Science and Costs | Student displays a basic awareness of health and environmental costs associated with smoking or vaping. Student is working towards conveying key points effectively. | Student provides a sound understanding of health and environmental costs associated with smoking or vaping. Student communicates adequately with consideration of broader impacts. | Student demonstrates solid understanding of health and environmental costs associated with smoking or vaping. Student communicates effectively with some insightful analysis and examples. | Student thoroughly explores the health and environmental costs associated with smoking and vaping. Student communicates with clarity, depth, and offers insightful analysis with comprehensive evidence. |
| Booster Session 3 Finding Answers: Your Voice, Your Choice! | Student displays a basic understanding of goal-setting process, and is working towards increased clarity in proposed steps or changes to achieve personal goal. | Student communicates adequately and provides steps to achieve a personal goal. Student demonstrates a sound understanding of goal-setting to achieve personal health or life goals. | Student communicates effectively and offers clear steps and changes, with insightful strategies to achieve personal health or life goals. | Student provides comprehensive steps, changes, and sacrifices with thorough analysis and creativity, demonstrating clarity and depth in achieving personal health or life goals. |

