

Life Ed Queensland

Annual Report – financial year
ended 30 June, 2023



Every child deserves to
thrive.



All children face risks and challenges as they grow up

Life Ed Queensland gives children the tools required to thrive and stay safe

The situations children face as they grow up can have serious, lasting and even life-threatening consequences.



1 in 4 Australian school children experiences bullying every few weeks



Approximately 1 in 4 Australian children experiences sexual abuse



1 in 7 Australian children and adolescents have experienced a mental illness



1 in 4 Queensland children between 2 and 17 are living with obesity or overweight

Life Ed Queensland programs improve children's:



Social wellbeing

Prevent bullying and violence through respectful relationships



Personal safety

Prevent drug and alcohol-related harm. Prevent other harms (online and face-to-face) through protective behaviours



Emotional wellbeing

Build resilience and mental wellbeing



Physical health

Prevent overweight & obesity; prevent harms of smoking and vaping

Chair and CEO message



Peter Morgan
Chair,
Life Ed Queensland

supporting children to gain the knowledge, skills and strategies to become confident and resilient, form respectful relationships with their peers, stay cyber safe and aware and make healthy choices around nutrition, drugs and alcohol.

We've also seen a record number of children participate in Life Ed Queensland's popular relationships and sexual health education program Talk About, which is helping young people navigate puberty in a way that is supportive, age-appropriate, fun and welcoming.

Our educators are at the forefront of Life Ed, delivering an engaging and impactful program in schools across the state. This is supported by our Board, CEO, management team and staff in the Life Ed Queensland office who also work with great dedication to help make it all happen.

Thank you also to our patrons, ambassadors and volunteers who play such an important role in advocating for Life Ed's work, and the Queensland government and Communities for Children partners who provide vital funding in so many communities. And most of all to our generous and committed donors, including the many thousands of Kids Protect Team supporters, thank you so much for the difference you are making for Queensland children.

As the world seems to move faster and become more uncertain, there's never been a more urgent need to provide children with a safe and strong foundation to support their physical, social and emotional health and wellbeing.

Around Australia, communities and governments have been grappling with the vaping issue and how to address the potential health impacts on a whole generation of young people. Mental health challenges and escalating anxiety are a growing youth problem, and sadly, bullying and cyberbullying are having a devastating impact on too many young lives.

Life Ed Queensland is privileged to work alongside parents and schools to address these issues and many more,



Michael Fawsitt
Chief Executive Officer,
Life Ed Queensland

We can't address these issues overnight, but Life Ed's mission is to support children throughout their primary school journey with a holistic program that continues to build on learning, grow resilience and knowledge, and give children the confidence and agency to face life's challenges.

Together we've made an incredible difference over this past year. Almost 180,000 Queensland children participated in our program, and we've reached some of the most remote and disadvantaged communities, delivering vital education to help keep children safe and healthy.

Helping children to thrive and reach their full potential is at the heart of our mission.

For more than 35 years, Life Ed Queensland has been partnering with schools to empower young people to make safer and healthier choices, now and in the future.

We've always recognised that the choices and habits that are adopted in childhood and adolescence can have a significant bearing on future life choices. But as society has become more complex, the Life Ed program has evolved to respond to changing needs.

We survey thousands of parents and teachers each year, who tell us they need ongoing support to address bullying and cyberbullying. Children's mental health is also a major concern, as is helping kids to learn about personal safety and protective behaviour, and consent education.

We've supported children's physical health, giving them the knowledge and skills to avoid the harms of cigarettes and vapes, as well as helping kids to make healthier food choices. We've helped children stay safe online and taught them how to deal with inappropriate behaviour. We've supported children to build and maintain respectful relationships and taught them how to respond calmly and confidently in the face of bullying. We've helped young people to navigate those physical, social and emotional changes they experience as they go through puberty. And we helped children to protect their own body, identify situations where they could be at risk, and to seek help when needed.

We could not have done all of this without our many supporters. So, a huge thank you for being part of our Life Ed community and for making it possible for us to continue to make a difference in the lives of Queensland children both now and in the future.



Healthy Harold program

Life Ed Queensland achieved huge reach and impact in 2023, with 845 primary schools and preschools across Queensland engaging with our program and 179,361 students participating in sessions. We also reached 8,904 teachers.

In a crowded curriculum, and with limited time to focus on the many aspects of child and adolescent health, schools tell us Life Ed's holistic approach to health, safety and wellbeing is a vital part of their learning program.

Life Ed Queensland Program Delivery Manager, Sue Osmond, says teachers, families and school communities are facing increasing pressures to equip young people with the tools they need to make informed, safe and healthy choices.

"The feedback we receive from teachers, principals and parents reaffirms the difference our programs are making in the school communities where we work," Ms Osmond said.

"In some schools, we've had longstanding partnerships and have been able to make an even greater impact by offering multiple opportunities for children to engage with Life Ed via a range of our programs: the Healthy Harold program, Talk About It and Healthy Eats. We're also piloting the teacher-led Harold's Kind Classrooms program," Ms Osmond said.

Engaging new program content

We launched two new modules, both tailored to Years 3 and 4: Friends and Feelings and The Inside Story.

Friends and Feelings covers important social and emotional learning - and with teachers rating respectful relationships education as a high priority - the module has been in demand at schools across Queensland.

Friends and Feelings helps children to recognise, regulate and manage emotions; practise assertive communication skills; identify how feelings, values and thoughts influence decision-making; and identify the importance of diversity, respect and empathy.

The Inside Story has also been popular with students. A fun, interactive lesson set in a children's TV news program, it sees a team of innovative young scientists shrink Healthy Harold and place him inside a tiny capsule. Harold is then able to travel inside the body of young journalist, Max Questions, reporting back on how the various body systems work. Utilising engaging audio-visual resources, the module explains why healthy food, physical activity and sleep are vital to support the healthy functioning of the body.

With the rapid rise in vaping presenting a new health risk to young people, we've updated our nicotine and tobacco education to include a new national vaping module for Years 5 and 6. Take a Breath uses a peer-to-peer education approach and will encourage young people to develop critical thinking skills and awareness about the harms of nicotine on health and wellbeing. Take a Breath will be launched in schools in 2024.

New team members

We welcomed experienced new educators: Mia, in Gladstone; Fiona (Central Queensland); Bonnie (Mackay); Rhiannon (Townsville); and Melanie (Sunshine Coast).

Along with ongoing program professional development, a number of educators attended key conferences and courses including mental health first aid training, first aid training, peer skills training with Lifeline, the Relationships and Sexuality in Schools Conference and the Mental Health in Schools Conference, (both hosted by Propsych); and the Wings to Fly Pathways to Resilience course on social and emotional wellbeing in the early years.



Our work in First Nations communities

Not even the biggest floods in the region in a decade could prevent educators Lisa and Sue from making the annual trek north to Doomadgee State School in March.

It was the biggest group of Doomadgee students so far, with children from kindergarten to Year 10 participating in the program. Younger grades loved the new module, The Inside Story, learning how to keep the body healthy, and high school students took part in drug and alcohol education.

Meanwhile, in January, educators Jordan and Anne travelled to Palm Island Aboriginal Shire, and Bwgcolman Community School, to work with children from kindergarten to Year 12.

A range of modules focusing on health, safety and social and emotional wellbeing were delivered to primary students, while 110 students in Years 4 to 12 engaged with the relationships and sexual health education program, Talk About It.

Life Ed Queensland CEO Michael Fawsitt says reaching Indigenous school communities is one of the highlights of the year – Life Ed playing a vital role in promoting more equitable, positive outcomes for all young people.

"We receive such positive feedback from our visits and our goal is to strengthen the relationships with First Nations communities even further," Mr Fawsitt said.

"That's why we've engaged co-design and consulting social enterprise organisation YLab to help review our current program model, delivery methods and community relationships in Far North Queensland to ensure we continue to engage with First Nations communities in ways that are impactful and culturally appropriate."





Let's Talk About It

Last year, a record number of students participated in Life Ed Queensland's innovative program - Talk About It, the largest relationships and sexual health education program in Queensland.

Our team of seven educators reached 46,283 students across Queensland, up from 33,085 last year, and delivered 2,157 Talk About It sessions, reflecting how much the demand for the program has grown.

Relationships and sexual health education is a lifelong process of acquiring information and forming attitudes, beliefs and values. It encompasses a range of topics including consent, bodily autonomy, protective behaviours, body image and reproductive health. Schools and parents tell us they want support addressing these topics and with starting vital but awkward conversations with young people. Our Talk About It team receives overwhelming feedback in appreciation of the work they do.

Puberty can start as young as eight years of age for some children. It is a time of big changes, so giving children the facts, reassurance and support helps young people to feel okay about their changing bodies and helps them see puberty as an important and exciting stage of life.

Talk About It includes eight modules which cover a range of important themes for students from Years 4 to 6, around puberty, respectful relationships and identity.

Children learn about the physical, social and emotional changes that occur during puberty, along with reproduction, protective behaviours and hygiene.

They explore strategies to cope with puberty changes and learn about consent, personal rights and personal boundaries. The program also covers friendships, strategies to resolve conflict, self-esteem, body image, stereotypes, peer pressures, identity, diversity and inclusivity.

Program Delivery Manager Sue Osmond says helping young people to develop a positive view of themselves is fundamental to their ability to engage effectively with their world.

"Young people need a sense of belonging; they need facts and strategies to cope with changes through adolescence, and support to develop confidence in themselves through this important time."

"We are excited for our Talk About It team to continue to grow as we continue to develop content and support our young people right across the state."

We surveyed 684 teachers for our 2023 Teacher Feedback, Talk About It Program survey. Here is what they had to say:



100% recommended their school re-book the Talk About It program



91% said there was significant or very significant need for TAI at their school



95% rated the content of the program as being of very high or high quality in supporting them to meet the curriculum requirements



100% strongly agreed or agreed with the statement that they had a positive experience with LEQ

What parents say

Parents also appreciate how the Talk About It program gives young people confidence by presenting puberty facts in an age-appropriate way and destigmatising the changes experienced during puberty.

"He has been asking a lot more questions about life and bodies, being healthy, respecting each other, and other topics, which is amazing, because Life Education has helped him, where perhaps as parents, we might not have brought up that topic, so it's answered so many questions for everyone in our house."

"Erin has been more open about discussing the changes that will happen as she is getting into her teenager years. Erin has also learnt that this is all normal and all of her friends and peers are going through the same thing, and she is not alone at all."

"He's more patient and understands he's going through puberty. He controls his emotions better."



Harold's Kind Classrooms

Piloted in 2021, Harold's Kind Classrooms (HKC) is an innovative program which increases children's mental health and resilience, and addresses bullying through a strengths-based approach that is centred around positive peer relationships.

Life Ed Queensland Chief Operating Officer Sharon Lansley, who led development of Harold's Kind Classrooms, says the program is fun and engaging for children but at the same time, helps embed important long-lasting messages.

"It's a five-week teacher-led program which is built around a range of weekly lessons and activities all promoting students' ability to develop kindness through understanding, practising and reflecting on key themes including empathy, compassion, gratitude, collaboration and self-awareness," Ms Lansley said.

Teacher feedback

Aligned with the Australian National Curriculum version 9.0, HPE and Student Learning and Wellbeing Framework for Years 3 and 4, the program has drawn positive feedback from schools who have piloted the program.

"Harold's Kind Classrooms will further enhance the offering to primary schools, as it focuses on increasing social and emotional literacy and awareness, by strengthening students' ability to develop and demonstrate key attributes associated with kindness." Marita Frazer, Wellbeing Coordinator, Varsity College Primary School, Gold Coast

Harold's online shop

Harold's Kind Classrooms grew a bigger presence this year, thanks to the May launch of the Life Ed Queensland online shop. The program's resources underpinned the launch of this ecommerce platform, offering lesson plans, classroom activities and student resources for purchase. An extension of the Life Ed Queensland website, the online shop has the capacity to offer a variety of products as we continue to expand.

Queensland schools hit new Healthy Eats milestones



Life Ed Queensland’s award-winning Healthy Eats program is flourishing in schools across the state, changing young mindsets and entire school food environments.

With one in four Queensland children between 2 and 17 living with obesity or overweight, the groundbreaking program works with individual schools across the year to boost vegetable and fruit consumption in young people and promote healthier choices in the wider school community.

In 2023, Healthy Eats reached 612 Queensland school children through the Healthy Eats classroom nutrition session and more than 7000 students through whole-school initiatives.

Supported by our Healthy Eats community development officers, schools are resourced and empowered to implement program initiatives which have ongoing impact:

- in-classroom nutrition education sessions
- thriving fruit and vegetable gardens
- tuckshop menu reviews to align with Smart Choices and healthy food and drink policies
- healthy brain breaks
- and student leadership activities to encourage healthy food choices among peers.

Three new schools achieved Healthy Eats accreditation in the past year - St. Benedict’s Catholic School and Port Douglas State School in North Queensland, and Loganholme State School in South East Queensland - taking to ten, the number of schools who are Healthy Eats accredited, after successfully ticking off 10 program milestones.

School and community engagement

Community development officers Megan and Jaclyn were kept busy delivering classroom nutrition sessions in Healthy Eats schools in North Queensland and in the state’s southeast.

A program focal point, the interactive nutrition module gives students the chance to learn about the human body, the overall health benefits of good nutrition and how food can impact growth, mood and energy levels. Students also learn how to read the nutrition labels on their favourite foods and investigate what might influence their food choices. The session ends with a hands-on activity where children create their own delicious, healthy snack.

Taking Healthy Eats to Townsville was a highlight for educator Megan, who visited Garbutt State School, Townsville West, Aitkenvale, Vincent State School and Currajong State School. These visits were funded by Townsville Communities for Children, the Australian Government and facilitated by The Smith Family Townsville.

Megan helped run a breakfast club at Aitkenvale State School during her visit in March, supporting teachers and other volunteers to provide students with a healthy start to their day.

“It was great to get back out to Townsville for the classroom sessions. It’s always exciting to see all the smiling faces ready to learn about healthy eating,” Megan said.

In South East Queensland, nutritionist and community development officer Jaclyn led professional development for teachers, parent workshops presenting savvy lunchbox ideas, joined passport challenge school picnics and established Healthy Eats activity stations during Under Eights Week at both Loganholme and Woogaroo Creek State Schools. The activities support the program’s whole-school philosophy which reinforces good nutrition across the school community, a model that is pivotal to the success of Healthy Eats.

Port Douglas scores a perfect 10!



Thriving veggie gardens and a tuckshop menu that is delicious... and healthy, are just two of the exciting milestones achieved at Port Douglas State School, after the school adopted Life Ed Queensland’s Healthy Eats program.

Port Douglas became the tenth school to gain Healthy Eats accreditation since the program’s inception, after working towards the milestone over a two-year period.

Healthy Eats empowered the school to establish thriving fruit and vegetable gardens, introduce healthy brain breaks and create an active student leader group. Healthy Eats also connected the school tuckshop with the Queensland Association of School Tuckshops (QAST) who worked with them to review and re-design their menu to meet Smart Choices requirements. The new tuckshop menu even achieved a four green apple rating from QAST – a great achievement!



“It was very exciting to receive the news we had achieved accreditation,” says Jelena Edmonds, the Port Douglas State School Healthy Eats Coordinator. *“The whole school worked together to achieve this Healthy Eats milestone, and we are all so proud of each other,*



“This achievement really demonstrates how committed everyone at Port Douglas State School is to the health and wellbeing of our community.”

The school is especially proud of their fantastic fruit and vegetable garden bursting with banana trees, eggplants, tomatoes and lettuce - a plentiful source of produce for the tuckshop and in-class cooking activities. The garden has also served as a focal point for class lessons throughout the Healthy Eats project, supporting the curriculum and helping all year levels learn how to nurture the garden as a food source.

Another highlight saw Healthy Eats student leaders pitch in to lead a healthy lunchbox challenge and implement ‘Health Hustles’ – a fun activity getting students to move their bodies and make healthy food and drink choices.



The Parents and Citizens Association also created two hugely popular activities that supported the school’s Healthy Eats goals – the P&C Juice Days, where students can bring a cup to fill with nutritious fresh fruit and veggie juice made with produce provided by the community; and Breakfast Club, which is run by school volunteers. With research showing many children are missing out on a healthy breakfast, the school breakfast club ensured students were getting their best start to the school day.

Kids Protect Team

Through our Kids Protect Team, thousands of supporters from all walks of life make a regular donation to Life Education. Their support is vital. And this year, our incredibly generous supporters contributed a total of \$2,085,703 to empower our work with children. It means our program can continue to develop and evolve to meet the needs of schools, students and parents... even in the most remote parts of Queensland, because all children deserve equitable access to vital health and safety education.

We asked one remarkable Queensland donor to share his reason for being a Kids Protect Team supporter.



DONOR HERO: How Jim makes a difference

As a father of six and grandfather to eight Jim Paris, 62, knows young people are facing more challenges across more aspects of their lives than ever before. That's why he has been a proud supporter of Life Ed Queensland for the past seven years, crediting the program with helping thousands of young people gain the skills and knowledge they need to navigate today's issues.

The Redland City resident works for Queensland Rail and is also an army reservist working in a role that provides support to key defence training and major exercises. He joined the Kids Protect Team when his youngest son was in primary school.

"I felt that donating was going to benefit my son and other children and I thought that Life Education was a very worthy cause," Jim says.

"My youngest son attended the program all through his primary school years. I know he's benefited from it because he doesn't smoke and that was one of the things the program really drove home – the risks of smoking."

Social and emotional resilience

Jim believes that the way the Life Ed program has evolved to build children's resilience and strengthen their social and emotional literacy, is vitally important in today's world.

"There are a lot of issues that children are faced with now – pressures of everyday living – that weren't so noticeable during my generation," he says.

"I think the single biggest issue for children today is mental illness and peer pressure.

"One of my biggest concerns is that the tools that can work for them can also work against them, such as social media. The bullying aspect online and the number of kids who take their own life because of online bullying is devastating."

Jim is passionate about Life Education's work and urges others to consider joining the Kids Protect Team.

"Definitely look at the opportunity to support a program that's going to benefit your child.

"I know for every dollar that I put in, that it's going to a program that's helping these kids and that's why I've kept going with it, because not only has Life Education supported my child, but I also know that it's supported other children and my grandchildren as well.

"If children can be educated very early in life, there's a good chance that they'll follow the right path."

Parent feedback



Katie's story: emotional wellbeing

"The Life Education program was life changing for me. Now my son is doing Life Ed at his school. I'm quite excited he is learning about consent.

"We've had domestic violence in previous family relationships, and so he has been aware of things that have not involved consent or been appropriate. I think it's important to have that message taught in an environment where he is safe and to understand what he has seen in the past wasn't consent and it's not okay.

"I wish no child had to experience violence, but to have that message being backed up and taught to the kids is really important.

"I'm a single mum, so the pressure to try to juggle it all and make sure you are teaching children everything you need to teach – it can be extremely hard.

"Having an organisation such as Life Education coming into schools and being able to teach those messages, plus the resources that you provide for parents as well ... it's really important to know that that's there."

Kristin's story: social wellbeing

"I am so excited to hear everything about my children's experiences with the Life Education program. My daughter recently participated in a session on cyber security. She learned about the risks with online media and how to be 'cyberwise'. This was perfect timing for us as we have recently allowed her to open a Messenger Kids account.

"I think there is a lot of pressure on children and parents these days. There are many risks in life that children need to be aware of. It's difficult to teach children how to be cautious and aware of these dangers without creating fear. The Life Education program provides this information to children in a light-hearted and fun way. It is interactive, which means that children are more likely to retain the information, and they also want to share the knowledge with others as it was a fun and enjoyable experience for them.

"I believe that this information will stick with her more than a boring chat with mum and dad. She couldn't wait to come home and tell us all about what she learnt."



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Life Ed Queensland FY23

Outcomes and Financial Summary



Our Queensland reach



845
schools and preschools

8,889
teachers

179,361
students

5,442
donors

SEQ



Sunshine Coast / Cooloola - 16,818

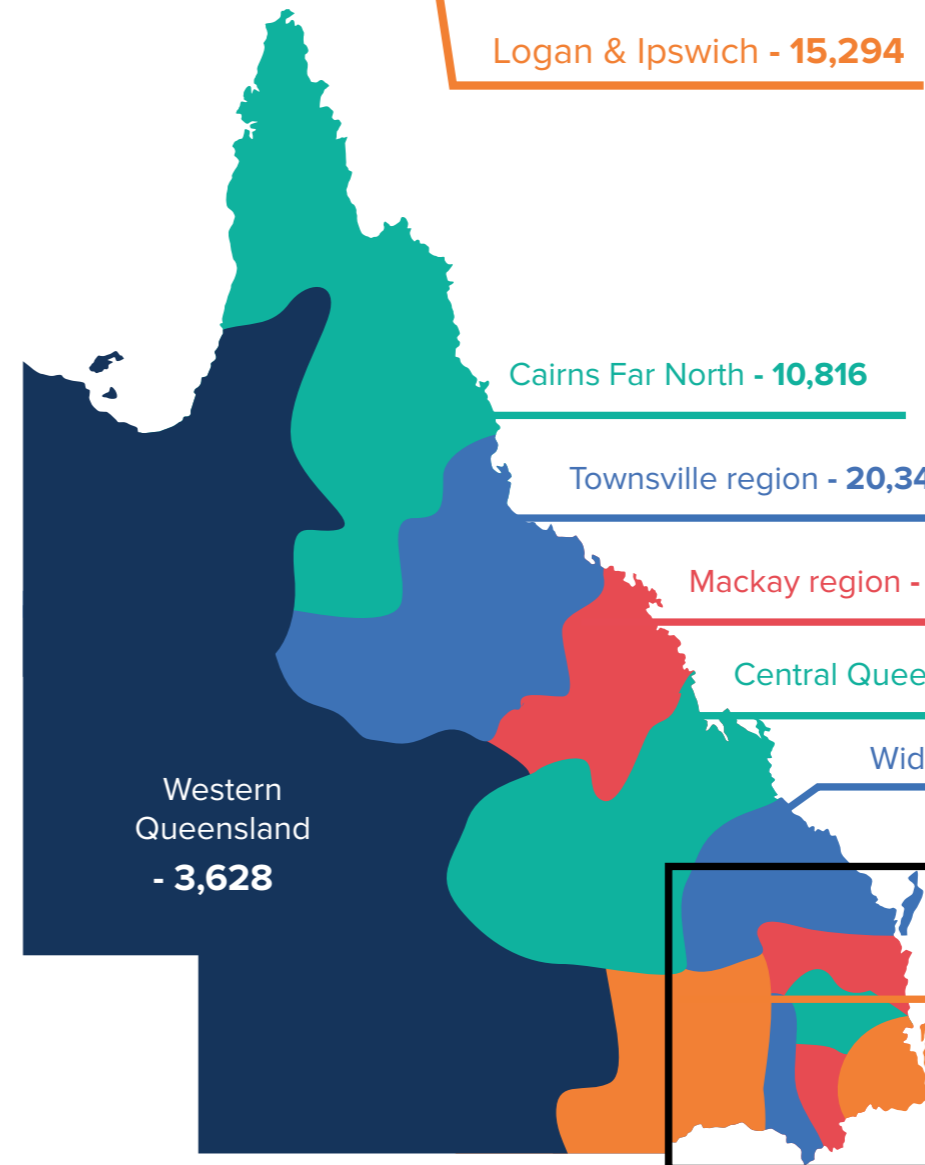
Moreton Bay - 8,140

Brisbane - 16,218

Redlands - 7,493

Gold Coast - 31,976

Logan & Ipswich - 15,294



Cairns Far North - 10,816

Townsville region - 20,349

Mackay region - 13,215

Central Queensland - 11,208

Wide Bay and Bundaberg - 9,778

Western Queensland - 3,628

Darling Downs - 6,689

See SEQ Inset

179,361

Children thrive with our specialist health and wellbeing education

Program outcomes



The Life Ed program shapes critical choices in young people to support their physical, social and emotional health. The amazing feedback we receive from students, parents and teachers reinforces how the Life Ed program empowers young people to live their best life both now and in the future.

What teachers say:



99% of teachers said their students gained new knowledge from the Life Ed session



98% of teachers said their students gained new strategies to support them to make safer and healthier choices

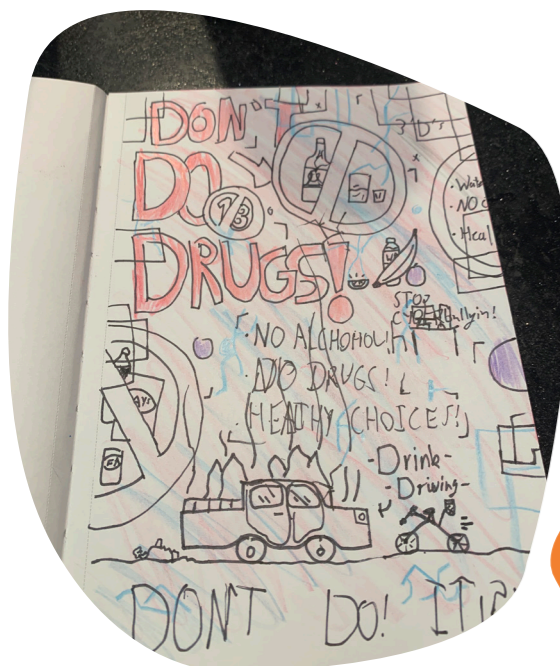


98% of teachers say Life Ed content supports them to meet curriculum requirements

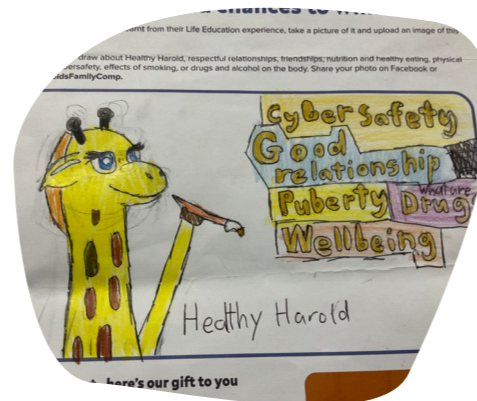


99% of teachers recommended that their school rebook Life Ed

What students say:



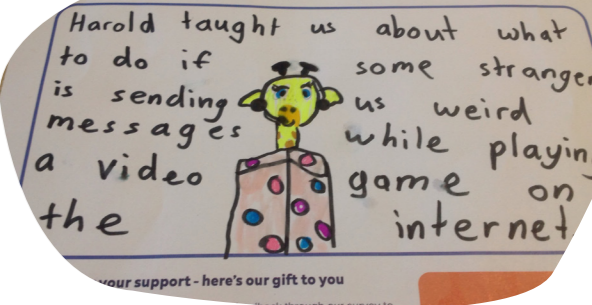
"Passive smoking can kill you; a cigarette has 7000 chemicals when lit and even has rat poison, toilet cleaner and things they use in car batteries."
– Harriet, student



"I learned that each everyday food has its own special power. I learned about the digestive system and how it works and where all the nutrients and minerals get picked up and carried to the body. I learned that 60% of your body is made up of water and that 80% of your brain is made up of water, and nutrients and minerals make your hair and muscles stronger."
– Asiya, student

"I learned that you have lots of systems in your body, about what is inside the human body and how it sends messages to all the different parts."
– Ryan, student

"Everyone has puberty – puberty is just your body growing to its young adult self."
– Fransesca, student



"I learned about how cybersafety is an important issue. We learned about stuff like, don't talk to strangers on social media, don't share personal information with others, make strong passwords and don't cyberbully others."
– Sophia, student

"I've learned what my identity is and how I can use my hobbies and feelings to interact with other people."
– Angus, student

What parents say:

"My daughter has a greater understanding of drugs. She is aware that taking drugs can have consequences and effects on her mental and physical health and can have longterm effects."
– Kaela, parent

"Both boys commented on the need to have fruit and vegetables as part of a balanced diet. This was amazing as it's a big help when the lessons we try to teach at home are validated by a trusted group like life Ed."
– Lachlan, parent

"His emotional literacy has improved. He has been so much more calm and able to tell me how he is feeling in a more mature, verbal way."
– Hayley, parent

"He is safer online when playing games with his friends and reporting unusual behaviour to me or his dad."
– Clare, parent

"Celeste has become a true health advocate. Life Ed has taught her about the detrimental effects that vaping and cigarettes can have on our bodies. She is determined to protect her wellbeing and future by steering clear of these harmful substances. Celeste now understands that these products contain dangerous ingredients that can lead to severe and irreversible conditions like popcorn lungs."
– Fabienne, parent

"Before he attended the recent talk with Life Education (puberty), Ted was awkward and reluctant to discuss the topic. Since he attended, he has initiated calm, relevant and mature discussions on the topic."
– Rebecca, parent

"Isabella is now only spending one hour on her iPad a day. She also has not played online games, and if she does, she turns her settings to private."
– Rochelle, parent

Our partners



Major partner

We would like to acknowledge the generous support of our major partner, Queensland Health. Their support has been instrumental in enabling Life Ed Queensland to expand our services throughout the state, enabling tens of thousands more Queensland children to gain access to vital health education.



Queensland Government

Partners



Supporters



Our patrons

The Honourable Rob Borbidge AO

The Honourable Robert Borbidge AO was the 35th Premier of Queensland and served in the State Parliament as member for Surfers Paradise for just over 20 years.

During this time, he held a number of senior positions including senior Ministries, Deputy Leader of the Opposition, Leader of the Opposition and Premier.

Since his resignation from the Queensland Parliament in 2001 he has held a number of Board positions in both private and publicly listed companies.



In 2006 he was appointed an Officer of the Order of Australia and awarded an Honorary Doctorate from Griffith University. He is currently Chair of the Board of Advice for the Institute for Glycomics at Griffith University.

He has served as Chair of Life Flight Australia and now chairs the LifeFlight Foundation. LifeFlight is one of the world's largest not for profit aero medical and rescue providers servicing 75 percent of Queensland's population with a fleet of 11 helicopters and three jets operating from eight bases across the state.

He is also a Board member of both LifeFlight Commercial and StarFlight Australia. He was appointed Chair of the Legacy Committee for the Gold Coast 2018 Commonwealth Games by the Queensland Government.

He is also Senior Counsel for Government advisory services group GovStrat and served on the Independent Distribution Committee for the public appeal for victims of the 2016 Dreamworld tragedy.

In 2023 he was appointed Chair of Experience Gold Coast incorporating Destination Gold Coast, Study Gold Coast, Major Events Gold Coast, Placemakers and HOTA (Home of the Arts).

Dr Anthony Lynham FRCS Ed.

Dr Lynham is a maxillofacial surgeon devoted to reducing harm in our community. He served for many years as part of the trauma team at the Royal Brisbane and Women's Hospital.

He entered politics in 2014 with the specific aim of reducing the harms of domestic violence, alcohol-fuelled violence and bullying. He served as a senior minister in the Palaszczuk Government.



He was directly involved in the implementation of specific legislation to tighten alcohol trading hours that reduced alcohol-fuelled violence by 30% statewide.

There is always more to do, more action to take, but he was proud to take a leading role. The association with Life Ed has been long and productive, as Dr Lynham believes the education of our young in respecting yourself, and therefore respecting others, is the most effective measure we can take.

Associate Professor Lynham is now a clinical director of our nation's leading trauma Institute, the Jamieson Trauma Institute.

Our ambassadors

Our amazing ambassadors help spotlight Life Ed Queensland's work with children. From supporting fundraising campaigns, to lending their expertise in our parent podcast series, and advocating for Life Ed's impact, we are so grateful for their valuable contribution.



Eva Milic

Nine News Gold Coast presenter and journalist



Dr Judith Locke

Clinical psychologist, author and media commentator



Brett Lee

Cybersafety expert, educator and author



Kate Di Prima

Dietitian, author and media commentator



Dr Justin Coulson

Parenting expert, author and media commentator



Jimmy Morrison

Mental health advocate

Our board



Peter Morgan
Chair

Peter was a founding member of Life Ed Queensland's Board and has served continuously ever since. He has worked as a solicitor since 1979 and has been a member of Rotary for more than 30 years. During this time, he was also a member of the finance board of one of the largest church congregations in Australia.



Jack Ray
Vice Chair

Jack joined the board of Life Ed Queensland in 2010. He was born and raised on the Gold Coast where he attended Somerset College. In 2005, he graduated from Bond University with a Bachelor of Business Law degree. Following graduation from university, Jack worked as development manager for the listed Consolidated Properties Group and Trinity Funds Management Group in a role which included the construction management and leasing of several Coles and Woolworths anchored shopping centres. Before becoming executive director of Ray Group in 2009, Jack was Ray Group's director of sales based in both its Mount Hotham and Salt Village, Kingscliff project marketing offices. He holds a commercial helicopter pilot's licence and was the former managing director and chief pilot of Helicopter Services Queensland.



Dr Caroline Salom
Strategic Advisor - mental health & substance use

Caroline is a Principal Research Fellow/Associate Professor in Substance Use & Mental Health at the Institute for Social Science Research, University of Queensland and adjunct Senior Lecturer at the National Drug & Alcohol Research Centre at UNSW. She joined the LEQ Board in February 2016. She has worked in health and medical research for more than 30 years and specifically in the alcohol and drug field for 20 years. Caroline holds a PhD in substance use, mental health, service development and epidemiology, and brings extensive experience in community and school-based health education and prevention.



Brent Kinnane
Treasurer

Brent joined the Life Ed Board in March 2021. He is currently the General Manager South West Region for TAFE Queensland and is responsible for the provision of TAFE Queensland services through the Ipswich, Darling Downs and South West regions. He also performs the role of the Executive Sponsor of TAFE Queensland's training delivery to all schools around the state. Brent has 20 years' experience in the Vocational Education and Training Sector and has held a previous role as CEO of Queensland Agricultural Training Colleges and Corporate Services Director at TAFE Queensland. Brent's community roles include board membership with the Brothers Leagues Club Ipswich and the Ipswich Region Chamber of Commerce. He is also the current chair of the Hockey Queensland Men's Masters Committee.



Dr Martin Wullschlegler

Martin is the Director of Trauma at Royal Brisbane & Women's Hospital. Prior to that he was clinical director of surgical, anaesthetics and procedural services at Gold Coast Hospital and Health Service. In addition to his clinical commitments, Martin is a passionate leader in surgical education and training and undertakes trauma research. Martin brings broad experience to the board including involvement in prevention programs and professional committees.



Mark Lacy
Secretary

Mark is the Managing Partner of Hickey Lawyers, one of the Gold Coast's largest commercial law firms. With over 30 years' post admission experience, Mark's expertise spans all aspects of the development process, including site acquisition, approvals, appeals, community title structuring, consultation with government, negotiating and drafting complex joint venture agreements, construction contracts and funding facilities. Mark is a life member of the Mermaid Beach Surf Club and has been past president of the Mermaid Beach Supporters Club, junior activities director and surf sports director. He has held non-executive director positions with two ASX listed public companies.



Michael Fawsitt
Chief Executive Officer

The Life Ed Queensland team is led by chief executive officer, Michael Fawsitt, who has 30 years' experience working in non-profit organisations. Michael was one of four finalists for the 2005 Queenslanders of the Year Awards for his contribution to the alleviation of poverty through his work at World Vision Australia. He has been with Life Ed Queensland since 2006, during which time Life Ed's reach has doubled to more than 200,000 children and young people each year.

Our political ambassadors

Life Ed Queensland is honoured to have the support of government ministers and members of parliament from across Queensland, along with council representatives. Their support helps drive our mission to help generations of Queensland children live safer and healthier lives.

Our ambassadors in parliament include:

- Hon Mick de Brenni MP – Member for Springwood
- Hon Shannon Fentiman MP – Member for Waterford
- Hon Leeanne Enoch MP – Member for Algeester
- Hon Di Farmer MP – Member for Bulimba
- Hon Meaghan Scanlon MP – Member for Gaven
- Hon Mark Bailey – Member for Miller
- Hon Mark Furner – Member for Ferny Grove
- Mr David Crisafulli – Member for Broadwater
- Mr David Janetzki MP – Member for Toowoomba South
- Mr Timothy Nicholls MP – Member for Clayfield
- Dr Christian Rowan MP – Member for Moggill
- Mr Jarrod Bleijie MP – Member for Kawana
- Ms Ros Bates – Member for Mudgeeraba
- Mr Steve Minnikin MP – Member for Chatsworth
- Mr John-Paul Langroek MP – Member for Surfers Paradise
- Ms Julieanne Gilbert MP – Member for Mackay

- Mr Joseph Kelly – Member for Greenslopes
- Mr Don Brown – Member for Capalaba
- Ms Jessica Pugh – Member for Mount Ommaney
- Ms Joan Pease – Member for Lytton
- Ms Nikki Boyd – Member for Pine Rivers
- Ms Brittany Lauga – Member for Keppel
- Mr Stephen Bennett – Member for Burnett
- Mr Trevor Watts – Member for Toowoomba North
- Mr Linus Power – Member for Logan
- Mr Andrew Powell – Member for Glass House
- Ms Jennifer Howard – Member for Ipswich
- Mr Michael Crandon – Member for Coomera
- Mr Jon Krause – Member for Scenic Rim
- Dr Mark Robinson – Member for Oodgeroo
- Mr Shane King – Member for Kurwongbah
- Mr Jim Madden – Member for Ipswich West
- Mr Rob Molhoek – Member for Southport

Our ambassadors in the Gold Coast City Council include:

- Cr Pauline Young – Division 12
- Cr Bob La Castra – Division 8
- Cr Glenn Tozer – Division 9



Financial Summary



\$5,609,984
Revenue



\$5,594,226
Expenditure

Grants



School Service Fees



Fundraising



Other Income



Program Expenses



Salary and Wages



Non-Operating Expense

